



**QUESTION  
& ANSWER**  
BUCKET

TRIALS AND TRIBULATIONS



Q1

GIVE AN EXAMPLE OF HOW THE PROPHET (PBUH) FACED THE TRIALS DURING HIS TIME IN MAKKAH?

ANS:

Prophet Muhammad (pbuh) went through more trials, hardships, stress and pain than we can imagine.

When the Prophet (pbuh) went to the city of Ta'if and called the people to Islam. They didn't just refuse his call towards Islam but sent children to go out and throw rocks at him to harm and torture him in any way possible. He was beaten up and injured to an extent that his shoes filled up with blood.

Even after going through such an ordeal, when Jibreel (pbuh) came to him with the angel of the mountains and asked him if he would like the mountains to crush the people of Taif, the Prophet (pbuh) said:

“No, perhaps one day someone will come about who believes and testifies ‘Laa Ilaaha Illallah’ (There is none worthy of worship but Allah) from amongst them.”

Even when he was going through the struggle and hardship, he believed in mercy and compassion towards others.



Q2

## ARE THERE DIFFERENT TYPES AND CATEGORIES OF FITAN?

ANS:

Yes, there are different types of categories of Fitān.



Hudhaifah (ra) narrates that once Umar bin Al Khattab (ra) said, “Who amongst you remembers the statement of the Prophet (pbuh) regarding the Fitnah (trials and tribulations)?”

Hudhaifah (ra) replied, “I remember what he said exactly.” Umar (ra) said. “Tell (us), you are really a daring man!” Hudhaifah (ra) said, “Allah’s Messenger (pbuh) said, ‘A man’s afflictions (i.e. wrong deeds) concerning his relation to his family, his property and his neighbors are expiated by his prayers, giving in charity and enjoining what is good and forbidding what is evil.’ Umar (ra) said, “I don’t mean these afflictions but the afflictions that will be heaving up and down like waves of the sea.” Hudhaifah (ra) replied, “O chief of the believers! You need not fear those (trials and tribulations) as there is a closed door between you and them.” Umar (ra) asked, “Will that door be opened or broken?” Hudhaifah (ra) replied, “No, it will be broken.” Umar (ra) said, “Then it is very likely that the door will not be closed again.” When the people asked Hudhaifah (ra), “Did Umar (ra) know what that door meant?” He said. “Yes, Umar (ra) knew it as everyone knows that there will be night before the tomorrow morning.”



Q3

HOW CAN ONE KEEP THEMSELVES SAFE AND AWAY FROM THE FITAN IN THIS WORLD?

ANS:

Among the steps that one should take to keep themselves safe from Fitan and under the mercy of Allah (swt) are:



### ABUNDANCE OF ISTIGHFAAR **(REPENTANCE)**

The first step to achieving our goal would be to renew our intentions, to turn back to Allah (swt).

Allah (swt) wants to forgive the sins of His servants, be merciful towards them and protect them from the Fitan, but the condition that accompanies it, is that man should turn back to Him in humility and forgiveness. Ask for His compassion and mercy to help him face the Fitan of this world.



The Prophet (pbuh) said:

“If anyone constantly seeks pardon (from Allah), Allah will appoint for him a way out of every distress and a relief from every anxiety and will provide sustenance for him from where he expects not.”



## GETTING RID OF THE BAD INFLUENCES

Start surrounding yourself with good, because if one tries to become good, but is surrounded by evil, it will definitely affect him/her.

One knows everything that influences them, therefore get rid of the bad friends, the bad society, or anything else that influences one towards evil.



## DU'A

Du'a changes the world for a person. It helps take away the Fitan and afflictions away from one's life and replace it with something good or less traumatic in some situations.

Therefore, one should always take a few moments every day and just go somewhere private and make Du'a to Allah (swt) and turn towards Him for help in overcoming the Fitan and hardships of this world.

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