

STUDY GUIDE

# BEING HUMAN

SHAIKH SALEM AL AAMRY



**AL HIDAAYAH**

الهداية

The Guidance for Humanity

Based on the Glorious Qur'an and Authentic Hadith

# COURSE OUTLINE

## COURSE TOPICS

1. Understanding that life is a test
2. Virtues of a Da'ee
3. Reasons for psychological pressures in Da'ees life
4. Factors leading to psychological pressures faced by a Da'ee
5. Is there any benefit for having psychological pressures in one's life?
6. Lack of clarity and fear of criticism
7. Symptoms of a weak personality
8. Tips to overcome a weak personality
9. Food for the soul
10. Hidden diseases and sickness of the heart
11. Randomness in thoughts
12. Sensitivity and negative opinion about others
13. Role of a spouse in psychological pressures for a Da'ee

# COURSE OUTLINE

## COURSE TOPICS

14. Types of Tawaadu' (humility)
15. Conditions and Degrees of humility
16. Merits of Tawaadu'
17. Signs of Tawaadu'
18. How can one become a humble person?
19. Kibr (arrogance)
20. Evil fruits of arrogance

## COURSE OBJECTIVES

1. Learn about the different factors which cause psychological pressures to a Da'ee
2. Learn and understand about the Tawaadu'
3. Learn and understand about the different evil fruits of pride and arrogance

# COURSE OUTLINE

## QUESTION AND ANSWER BUCKET

## TRANSCRIPTS

## ASSESSMENT

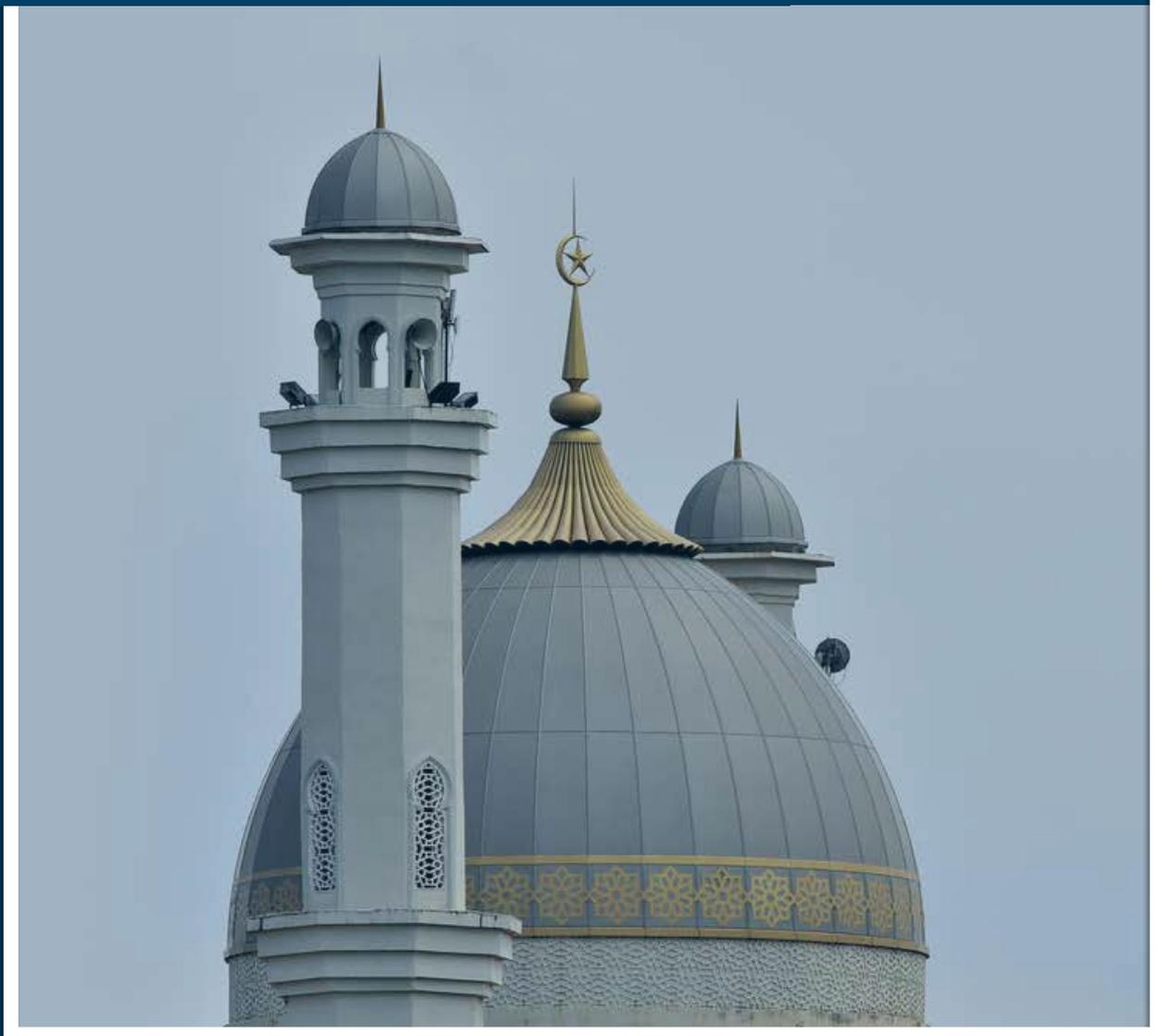
Multiple Choice Questions  
Match the Columns  
True or False

## COURSE DURATION

Video	–	3 hours 5 min
Study Guide	–	1 hour
Assessment	–	10 min
Total Duration	–	4 hours 15 min

## LESSON 1

# Psychological Pressures in Da'ees Life – Part 1





## 1 Understanding that life is a test

Man must always remember that the life of this world is a test from Allah (swt) to judge which of us are best in deeds. Our actions in this life will determine outcome in the Hereafter. Those who pass the test would be rewarded with Jannat 'Adn (everlasting life in Heaven) and those who fail would be punished in the Jahannam (Hellfire).

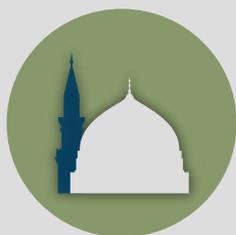
Similarly, every Da'ee when tested should remember and gain satisfaction from the fact that since their role models (the messengers and prophets) were tested by Allah (swt), they too shall be tested because they have chosen to walk on their path. So, the believers will inevitably be tested because this is the only way to the Jannah.





## 2 Virtues of a Da'ee

Though all of us are humans and have the same objective of worshipping Allah (swt) alone and obeying His commandments, the life and duties of a Da'ee is not the same as others.



The Prophet (pbuh) said:

“Convey from me even if it is one Aayah.”





A Da'ee does not live for his/her own ambitions and aspirations, but rather they live to spread the word of Allah and call towards the message of truth, and the only thing that he/she must focus upon is their Niyah (intention). A Da'ee should have Ikhlāas (sincerity) in their Da'wah and aim for the pleasure of Allah (swt).

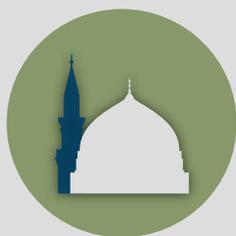


“And who is better in speech than the one who calls people to Allah and does righteous deeds, and says, I am of those who submit.”

Al Qur'an 41:33



The role and work of a Da'ee is the best any person can do because it is similar to the role of the Prophets and Messengers chosen by Allah (swt) to spread the message of His Deen. They sacrifice their time and desires to spread the message of Allah (swt), and in return Allah (swt) blesses them with Jannah and great reward in this world and the Hereafter.



**The Prophet (pbuh) said:**

“If a single person is guided by Allah through you, it will be better for you than a whole lot of red camels.”



## LESSON 2

# Psychological Pressures in Da'ees Life – Part 2





3

## Reasons for psychological pressures in Da'ees life

Among the many reasons for psychological pressures in a Da'ees life are:

i

### Distractions and obligations

The life of this world is full of distractions and things that causes one to lose their focus from what is important and get indulged in the distractions of this worldly life.

In addition to that, the obligations and responsibilities that one has to shoulder in this lifetime are more than what one can in their lifetime, and therefore he's racing against the clock to achieve the best he can.





ii

## Socialisation

A Da'ee is a social personality who mingles and interacts with different types of people, and therefore is required to master the art of the Da'wah and the various techniques required to deal with people of different mentalities.



iii

## Lack of Tawakkul in Allah (swt)

A Da'ee needs to strengthen his/her Tawakkul (reliance and trust) in Allah (swt) because if you do not have the support of Allah (swt) you cannot be successful and prosperous in this life or the Hereafter, but rather would be among the losers.



4

## Factors leading to psychological pressures faced by a Da'ee

Among the types of factors which lead to psychological pressures that a Da'ee may face are:

### a Internal factors

#### i Self-oriented pressures

In such cases, the pressures are self-oriented (i.e., from within oneself) and affects the body itself. For example, lack of clarity about one's goals.





## ii Imaginary pressures

Imaginary pressures are wherein a Da'ee imagines things, but in reality, they are not there.



## iii Weak personality

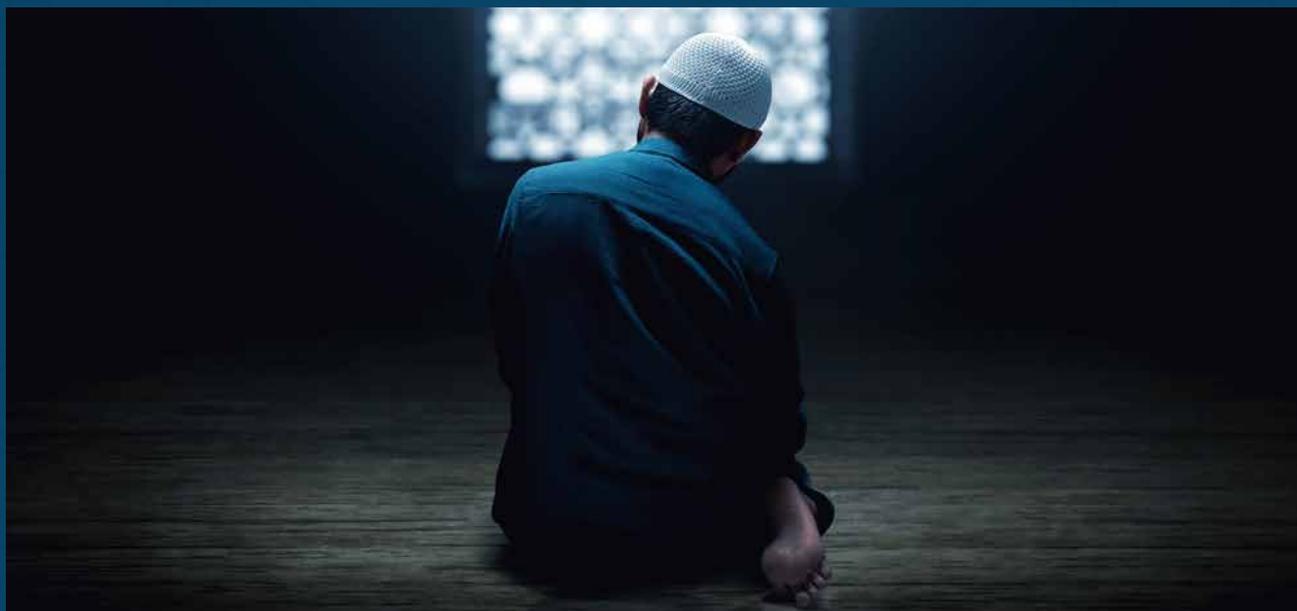
For any person working in the field of Da'wah, he/she should try and strengthen their personality to help improve their effectiveness in Da'wah.



iv

### Lack of stamina and spirituality

If a Da'ee does not have the vigour to do good, or if he/she is not working on strengthening their Imaan with deeds like Qiyaamul Layl, fasting Mondays and Thursdays, etc., their spirituality diminishes causing the Imaan to weaken and fall making it difficult to face adversities.



v

### Hidden diseases

Hidden diseases like lack of leadership, envy, self-conceit, love to be praised, which are deeply rooted in one's heart are also causes which bring about psychological pressure on a Da'ee.



## vi Randomness in thinking

Taking decisions about things based upon random thoughts and thinking, rather than actually reflecting and pondering before taking any decision is also related to psychological pressures.



## vii Lack of time management

Many of us don't have the skill to organise ourselves and our work according to their needs and importance.



## **b** External factors

- i** **Spouse:** One's spouse can also be a source of inspiration or frustration for a person.
- ii** Children
- iii** Parents
- iv** Work or employment
- v** **Hastiness:** Haste in wanting to see the results of our deeds and actions
- vi** **Criticism:** A Da'ee not able to handle criticism would also bring about psychological pressures upon himself.





- vii **Excessive social relations and commitments:** Having excessive social relations and commitments increases the pressure upon a Da'ee because it increases the expectations of others him/her, when they (Da'ee) already have more tasks than what one can complete in their lifetime. Therefore, a Da'ee should give importance to sorting out their priorities.
- viii **Debts:** The pressures and tension of being in debt affects the output and efficiency of a Da'ee.
- xi **Situation of the Ummah:** Sometimes, looking at what the Muslim Ummah is going through, a Da'ee becomes frustrated, and leaves calling people towards the message.
- x **Differences among different Da'wah groups.**





5

Is there any benefit for having psychological pressures in one's life?

Among the benefits of having psychological pressures in one's life are:

- i It forces one to change and develop their pattern of living so that it becomes more organised.
- ii It nurtures the spirit of facing challenges and overcoming the challenges within the Da'ees Nafs.
- iii It kindles the ability to be creative and think of solutions to solve and overcome one's problems.
- iv It indicates the presence of a certain wrong that needs to be rectified, and further motivates the Da'ee to focus on self-improvement and become a better person.
- v Teaches patience because these pressures could be a test from Allah (swt) to test his servants.





Once a man came to the Prophet (pbuh) and said:

“O Prophet of Allah, I love you.” The Prophet (pbuh) said, “Get yourself ready for tests, for anyone who loves me, he/she will be tested.”





## 6 Lack of clarity and fear of criticism

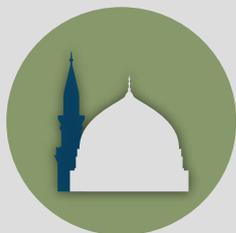
Among the root causes of psychological pressure in one's life are:

- i **Lack of clarity about goals** – A Da'ee not knowing their goals or having a clear vision about what he/she wishes to achieve is like one who sails without having a compass, further leading them to be frustrated.

Therefore, it is important that a Da'ee has a clear vision about what he/she wishes to achieve and then set their goals and plan the way and the method which you are going to apply for achieving it accordingly.

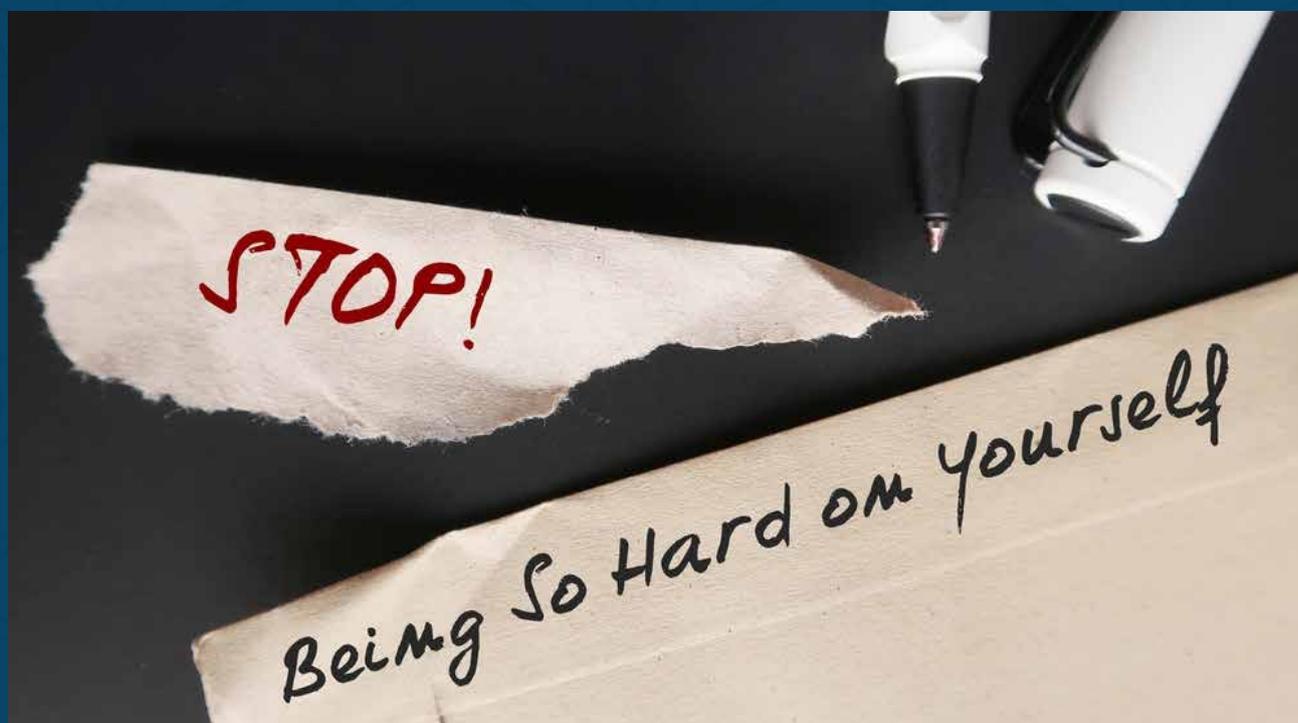
Also, always aim to raise the bar, set your goals high and work for it.





The Prophet (pbuh) said:

“When you ask Allah for Jannah, ask Al Firdous Al A’laa because Firdous is the highest level in Jannah.”



ii

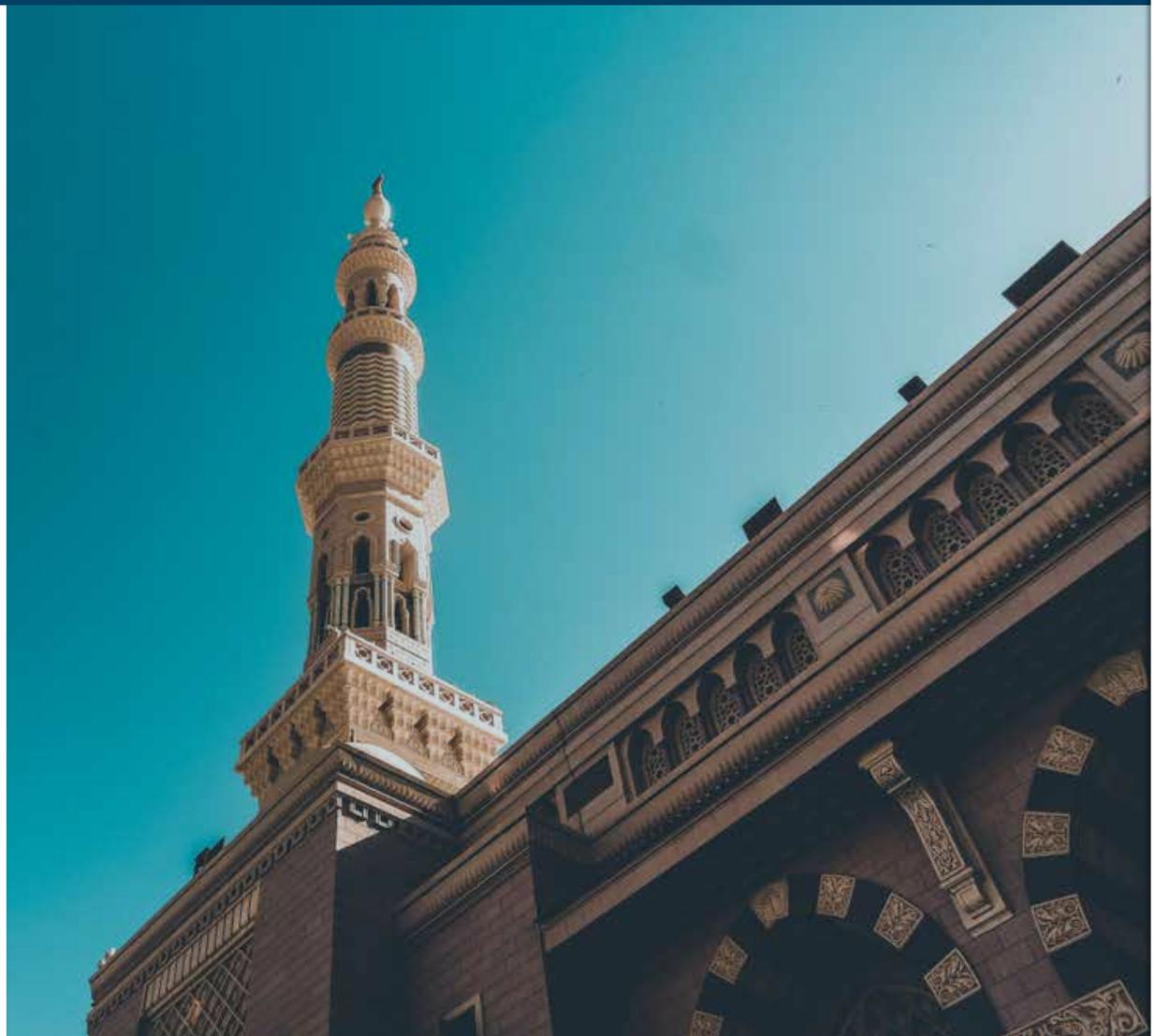
**Fear of criticism:** A Da’ee who fears criticism and overcoming failures will not be able to succeed and reach greater heights because he/she is scared of failure and showing their failures and shortcomings to others.

iii

**Stagnancy:** When a Da’ee is repeating his lectures often, they become boring and cause others to lose interest. It is also a sign of him/her being complacent and showing that they are content with what he/she has said.

## LESSON 3

# Psychological Pressures in Da'ees Life – Part 3





## 7 Symptoms of a weak personality

Among the symptoms which indicate a person having a weak personality are:

- i No self-confidence or low self-confidence
- ii Does not participate in Da'wah activities effectively and share opinions when needed out of fear of criticism
- iii Following in the footsteps of others without thinking for themselves
- iv Inability to take decisions on their own





## 8 Tips to overcome a weak personality

Among some of the tips that would help remedy a weak personality are:

### i Take courses on building up confidence and personality

A Da'ee should take courses on building his/her personality and get help from those close to them to help build their confidence.

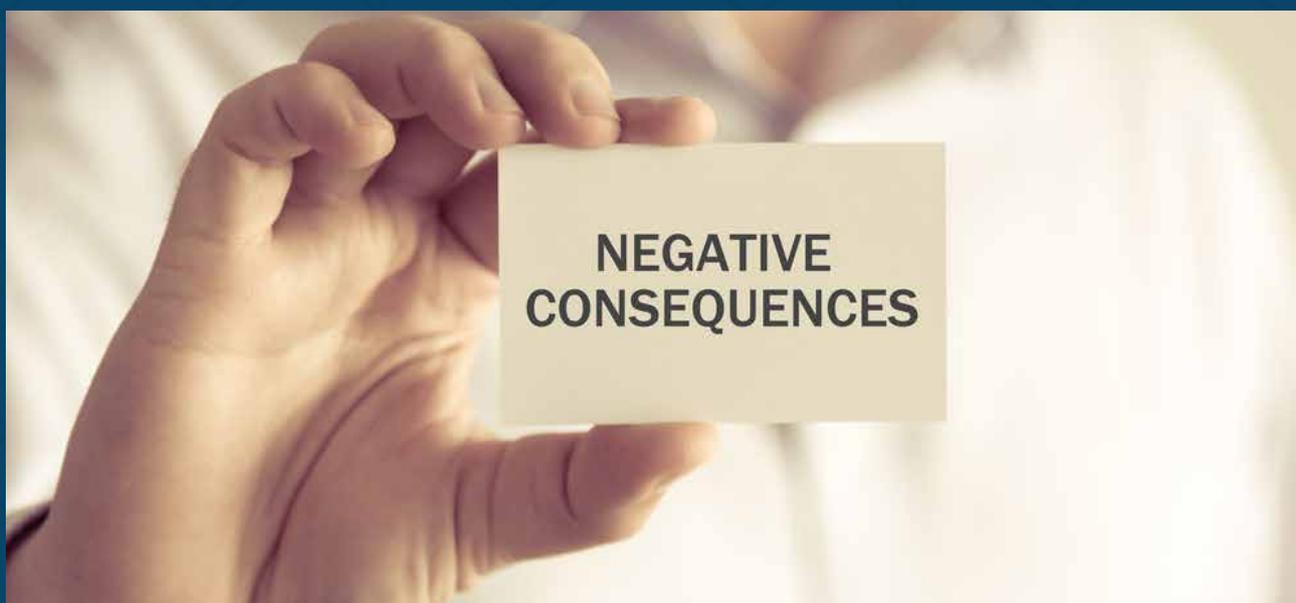




ii

## Know the negative consequences it would have upon Da'wah

One should put their trust in Allah (swt) and strengthen their character and attitude because having a weak personality has a negative impact on Da'wah because a Da'ee does not represent himself but represents Islam.



iii

## Focus on the good qualities

A Da'ee should focus on their good qualities and develop them. You have this, you're good here, work on that and develop it.



## 9 Food for the soul

Lack of spirituality and neglecting one's soul is also one of the causes of psychological pressure in one's life and weakens the Imaan (faith).

For one to improve the condition of their soul, he/she must focus on its spiritual feeding (i.e., the Ibaadah, Salaah, Siyaam, etc.). These are the foods for increasing the spirituality of the soul, and if one neglects them, then their Imaan falls drastically.

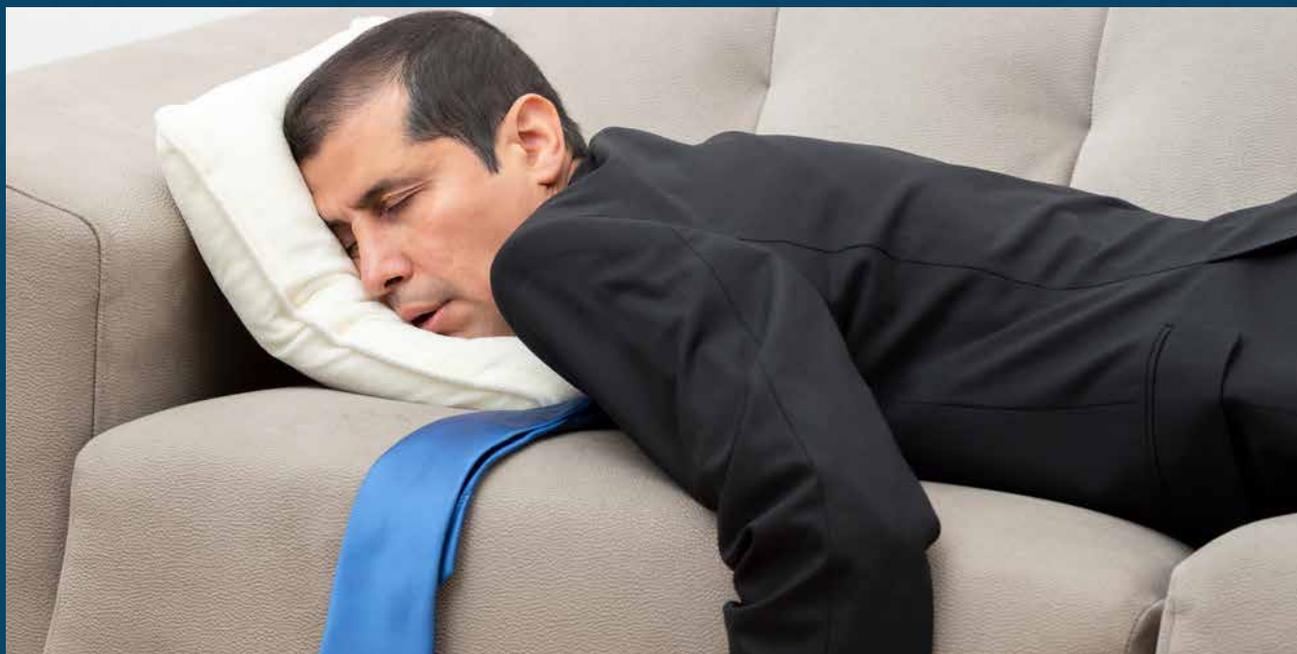




Among some of the symptoms which indicate the lack of spirituality in a person are:

**i** Laziness in carrying out obligatory deeds

You feel lazy and have no enthusiasm and zeal to perform Ibaadah and prayers. One does not feel the regret of missing their voluntary good deeds, nor is there any remorse or feeling bad about oneself in such situations.



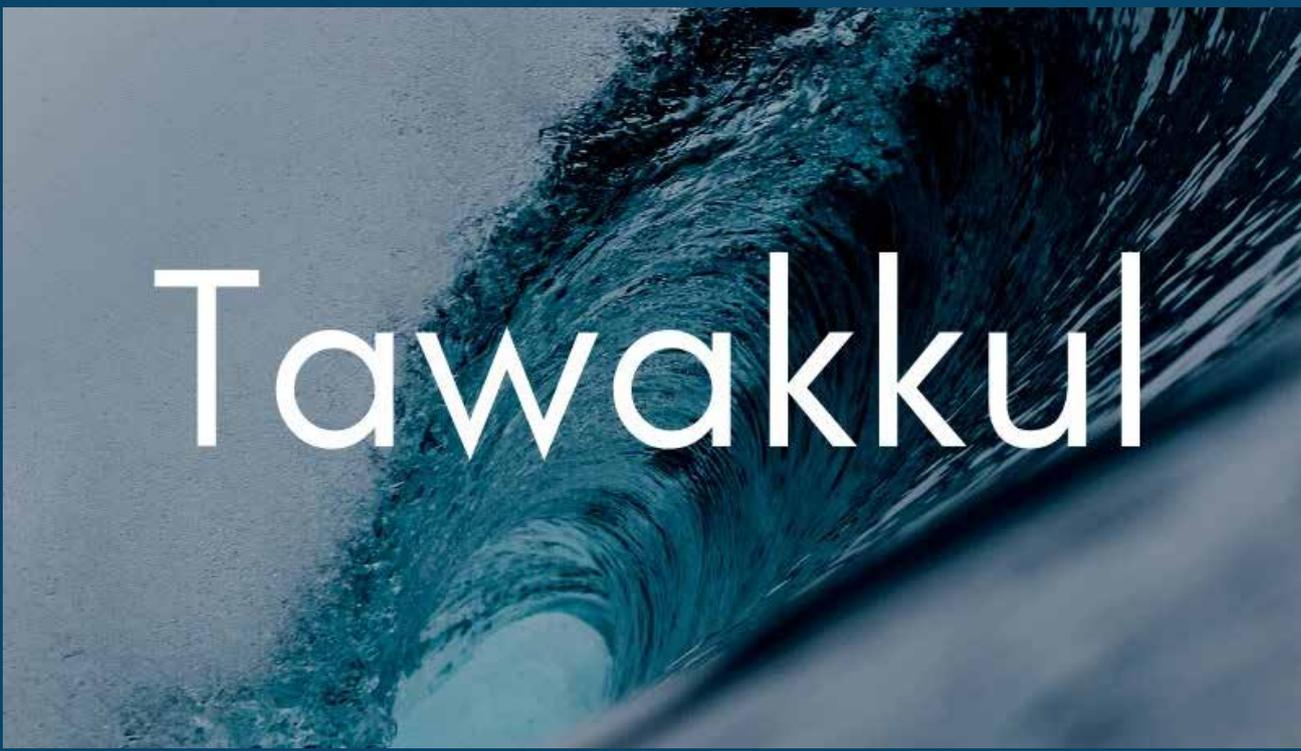


ii

## Lack of Tawakkul

Lack of Tawakkul is also one of the reasons for low spirituality because one isn't relying upon Allah (swt) or expressing their needs to Him.

The remedy for such a symptom is sincere repentance and constant Du'a to Allah (swt) for increase in your Imaan.



# Tawakkul

## LESSON 4

# Psychological Pressures in Da'ees Life – Part 4





## 10 Hidden diseases and sickness of the heart

Among the factors that leads one to experience psychological pressure in their lives is hidden diseases and illness in one's heart. For example, the love of leadership is one of these illnesses and diseases.

**Among the symptoms which point towards this factor are:**

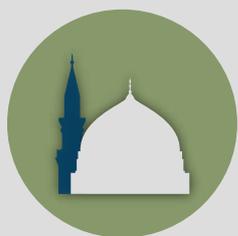




i

## ‘Ujub (Self-conceit)

You always consider yourself to be better than others to the extent that you reject any criticism of yourself even if it is constructive and for the sake of improvement.



Umar (ra) said,

“May Allah reward the one who informs us and helps us to know our faults.”

And therefore, a true Da’ee is one who is ready to receive positive and constructive criticism.





## ii Neglecting the contribution

Only focusing on people's shortcomings, magnifying the faults and mistakes of others, and denying the enormous positive contributions in the Daw'ah made by others.

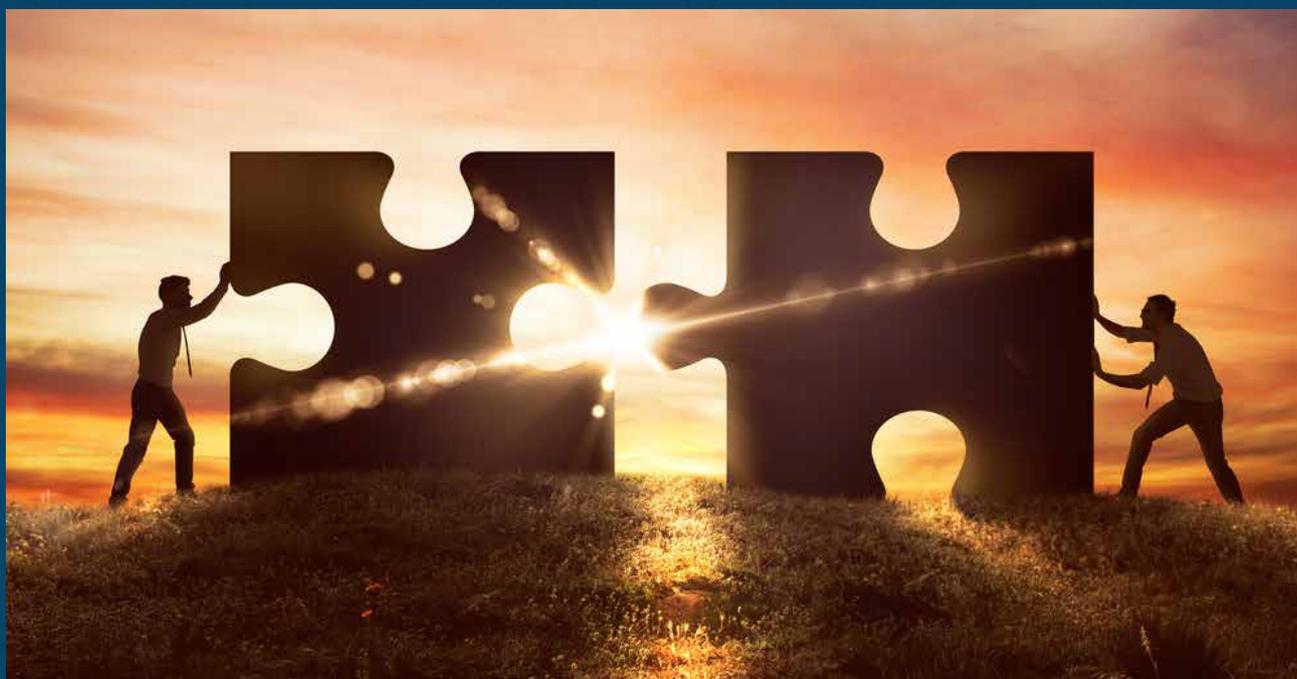
Among the remedies that can be applied to get rid of the above symptoms are:

- i Focus on the purification of ones Niyyah and strengthening Ikhlaas.
- ii Focus on self-improvement and improving your actions and habits because no one knows you better than yourself.
- iii Working hard towards increasing and improving your Imaan.





- iv Abstain from praising people if one knows that praise would cause the Da'ee more harm than improvement.
- v Keeping a constant check on one's hidden ills and desires.





## 11 Randomness in thoughts

Preoccupying one's mind with several things without proper understanding and planning is a cause of pressure and stress on an individual, leaving him/her to not be able to achieve any of their goals in life.

Similarly, lack of vision, conflicting priorities and multiplicity in ideas and tasks also have the same effect on an individual's tasks, because it leads to confusion and lack of perfection.





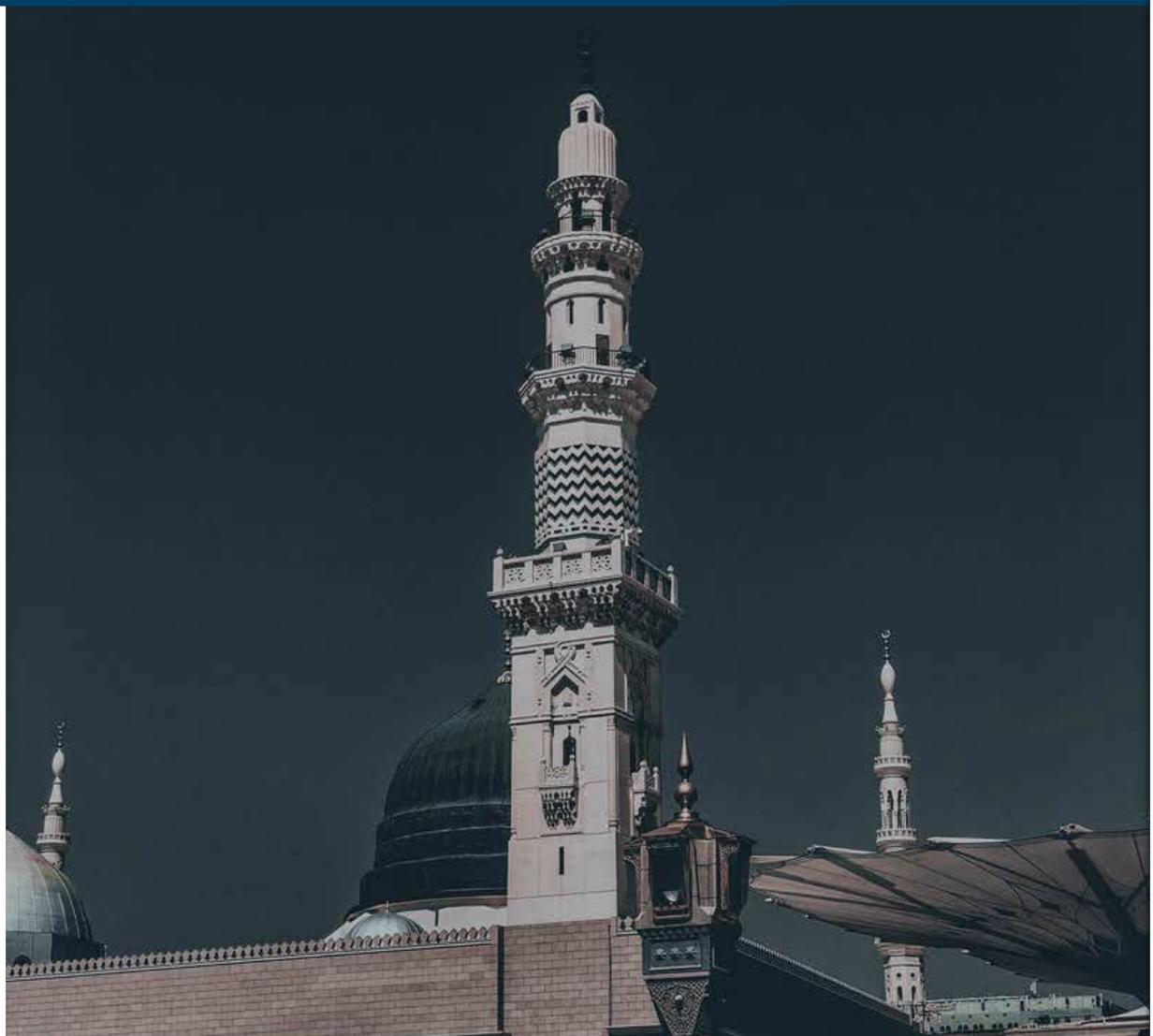
Among the remedies to overcome the above symptoms are:

- i Concentrating and focusing on the task one wishes to achieve primarily and considering all other tasks as secondary.
- ii Referring and consulting with people of knowledge and experience who can give tips and guide in ways one couldn't have known otherwise.
- iii Changing one's pattern of life and trying to live an organised life.



## LESSON 5

# Psychological Pressures in Da'ees Life – Part 5





## 12 Sensitivity and negative opinion about others

Some Da'ees, are very sensitive and therefore they hold a mixture of negative feelings towards those working in the field of Da'wah within themselves.

They are often paranoid and suspicious which causes them to think negatively about others.

Among some of the symptoms which indicate the presence of this quality in a Da'ee are:

- i Criticism and negativity without reason towards any actions of fellow Da'ees in the field of Da'wah.
- ii Not giving the benefit of doubt to others and treating them the way he would like others to treat him/her.
- iii Being reluctant to participate or give lame excuses when invited to participate in activities.
- iv Misconstruing people's sayings and understanding them in the wrong sense or out of context.
- v Being very temperamental and moody.



Among the remedies that can help one overcome this quality are:

- i Shouldering tasks within one's capacity and not overburdening oneself.
- ii Understanding the meaning of Ukhuwwah (brotherhood and sisterhood) in Islam.
- iii Studying the Seerah (biography) of the Salafus Saalih (pious predecessors) and learning how they spent their lives to achieve Tazkiyah (purify their souls) and did actions exclusively for the sake of Allah (swt).
- iv Consulting the 'Ulama and Masha'ik (scholars) and seeking their help with problems and Du'as.





13

## Role of a spouse in psychological pressures for a Da'ee

Among the external factors which affect the life of the Da'ee and cause him/her to go through psychological pressures are:

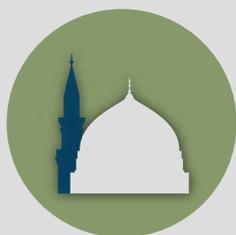
i

### Spouse

A person's spouse can be their source of enthusiasm or frustration. One should ask Allah (swt) for a pious and righteous spouse who stands by to support you and push you towards betterment.

When the Prophet (pbuh) encouraged the youth to marry, he advised them to marry a righteous and religious woman so that rather than being a stumbling block, they could strengthen and support each other.

Similarly, on the contrary if she only worries about the worldly life, she would want to achieve the pleasures of this world, causing stress and worries for her husband.



The Prophet (pbuh) said:

“The world is enjoyment, and the best enjoyment in this world is a righteous wife.”

Among the symptoms which indicate the absence of a pious and righteous spouse in a Da'ee's life are:

- i Low performance and considerable drop in their contribution due to problems at home which affect his/her focus.
- ii Being unstable and psychologically disturbed.
- iii Being absent minded and flooded with thoughts about problems at home.
- iv Lack of privacy and over inquisitiveness of the spouse.





The remedy for overcoming such factors is to pray Salatul Istikharah and ask people of Taqwa for advice before marriage.



## LESSON 6

# Humility in the Light of Qur'an and Sunnah – Part 1





## 14 Types of Tawaadu' (humility)

The Arabic word Tawaadu' linguistically refers to humility, self-abasement, and submissiveness.

The scholars explain Tawaadu' technically as submission to what is Haqq (truth) and its acceptance irrespective of its source because Muslims should always be critical of themselves and open to advice from others rather than thinking himself as the best person.

### Types of Tawaadu

Scholars have classified Tawaadu into two types:

- i Tawaadu'un Mahmood (Praiseworthy humility) – It is what refers to actions like lowering oneself before Allah (swt) because He is deserving of all praise and servitude.

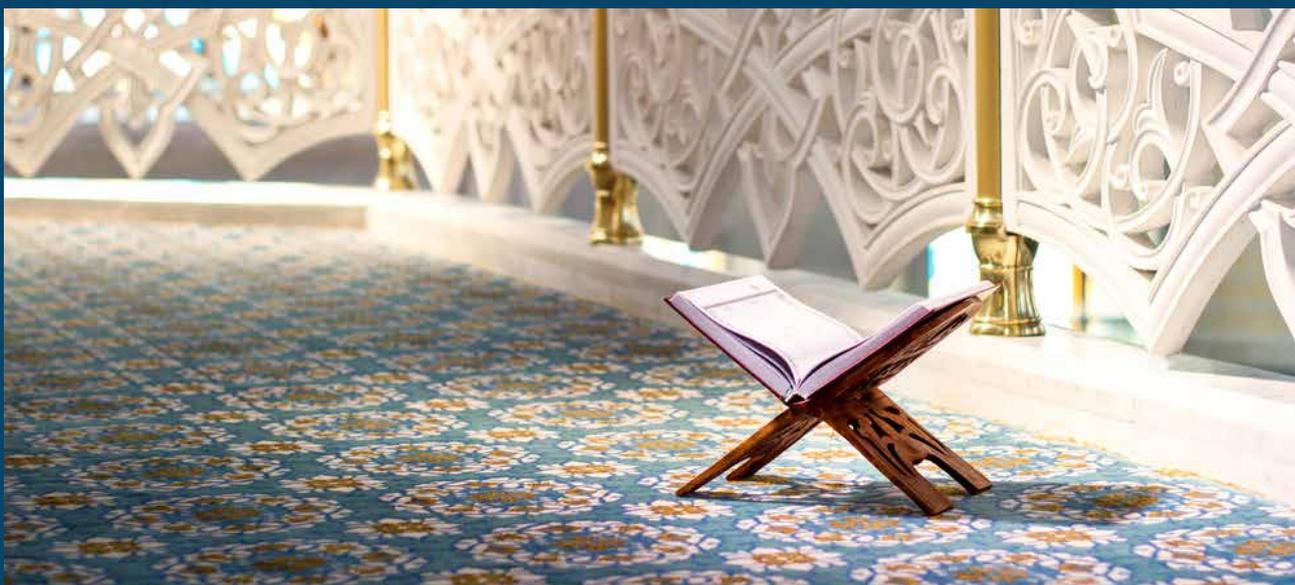




“And the servants of the Most Gracious walk upon the Earth, they walk in a state of humility.”

Al Qur'an 25:63

Another example could be being gracious with the fellow believers and lowering oneself for them for the sake of Allah (swt).



ii

Tawaadu'un Madhmoom (Blameworthy humility) – It refers to when a person lowers himself not for the sake of Allah (swt) but for the sake of some worldly benefits. This type of humility and self-abasement is blameworthy and hated by Allah (swt).

The Prophet (pbuh) warned Muslims against standing at the doors of kings for the want of worldly benefits, he (pbuh) said that do not stand at the gates of the Sultan because you will be humiliated.



## 15 Conditions and Degrees of humility

Among the Shurootut Tawaadu' (Conditions of humility) are:

### i Ikhlaas (sincerity) –

One needs to have Ikhlaas in his/her Niyyah (intention) and heart while lowering themselves for the sake of Allah (swt).



The Prophet (pbuh) said:

“Whoever lowers himself for the sake of Allah (swt), Allah (swt) will elevate his status in Jannah.”





ii

## Qudrah (Ability)

The Prophet (pbuh) said that whoever leaves wearing expensive clothes out of humility though he can afford buying them, Allah (swt) will call him on the Day of Resurrection in front of all the people and have him choose from among the garments of Imaan whatever he wishes to wear.



Among the degrees of Tawaadu' are:

- i Accepting whatever the Prophet (pbuh) has said.



“Whatever the messenger gives you, take it, and whatever he forbids you, abstain from it.”

Al Qur'an 59:7



True humbleness and humility is to accept whatever the Prophet (pbuh) has commanded without any doubts or arguments, and questioning or rejecting his commands is a sign of Kibr (Arrogance) due to which one's deed would not be accepted of him.

ii Lower yourself for the fellow believers

Allah (swt) commanded the Prophet (pbuh),



“...lower your wing in gentleness to the believers.”

Al Qur'an 15:88

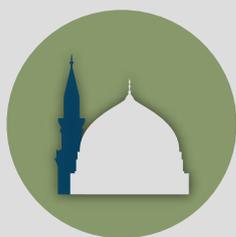




## 16 Merits of Tawaadu'

Among the merits of Tawaadu' are:

- i Elevation of status



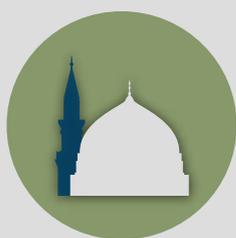
The Prophet (pbuh) said:

“Whoever lowers himself for the sake of Allah, Allah will elevate him in this life and the hereafter.”

ELEVATE

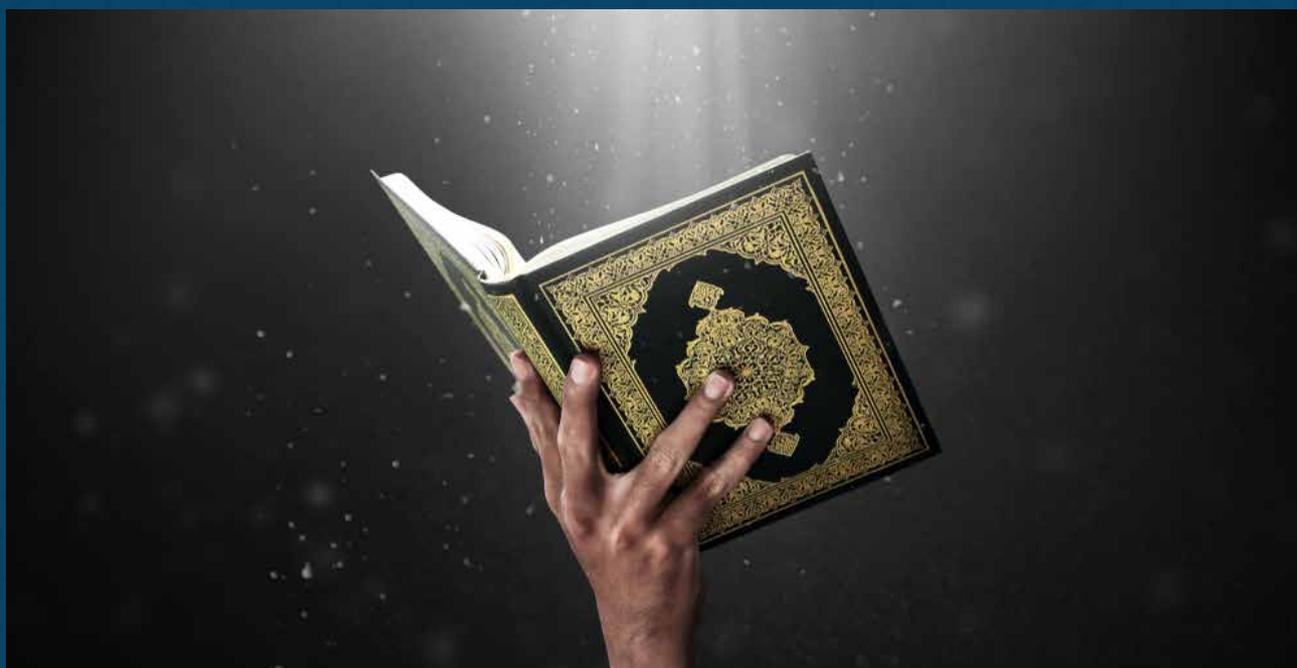


## ii Humility removes the bridle from one's head



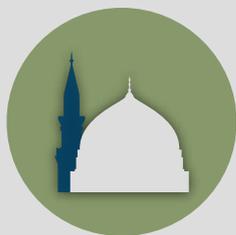
### The Prophet (pbuh) said:

“Every human being has a bridle like the bridle of the horse in his head. When the son of Adam humbles himself, Allah tells the angel to remove the bridle, and when he the son of Adam becomes arrogant, Allah tells the angel to put back his bridle.”



## iii Brings about love between brothers and sisters

When one is humble, he/she is liked by the people around them, but if one is arrogant and looks down upon people, he is not liked by those around him, but rather keep a distance from such persons.



The Prophet (pbuh) said:

“Verily Allah reveals to me that you should humble yourself, lest no one feels is better than the other or wrong one another.”



## LESSON 7

# Humility in the Light of Qur'an and Sunnah – Part 2





## 17 Signs of Tawaadu'

Among the signs which indicate towards a person of Tawaadu are:

### i Acceptance of truth

Acceptance of the Haqq (truth) without malice and arrogance is the sign of a person's humbleness and humility, while on the other hand, rejecting the truth is a sign of pride and arrogance.





**The Prophet (pbuh) said:**

“No person shall enter into Jannah if they have pride or arrogance in his/her heart even if it equals the weight of a mustard seed.”



ii

## Respecting mankind

One must always respect their fellow human beings even though they may be rich or poor.



iii

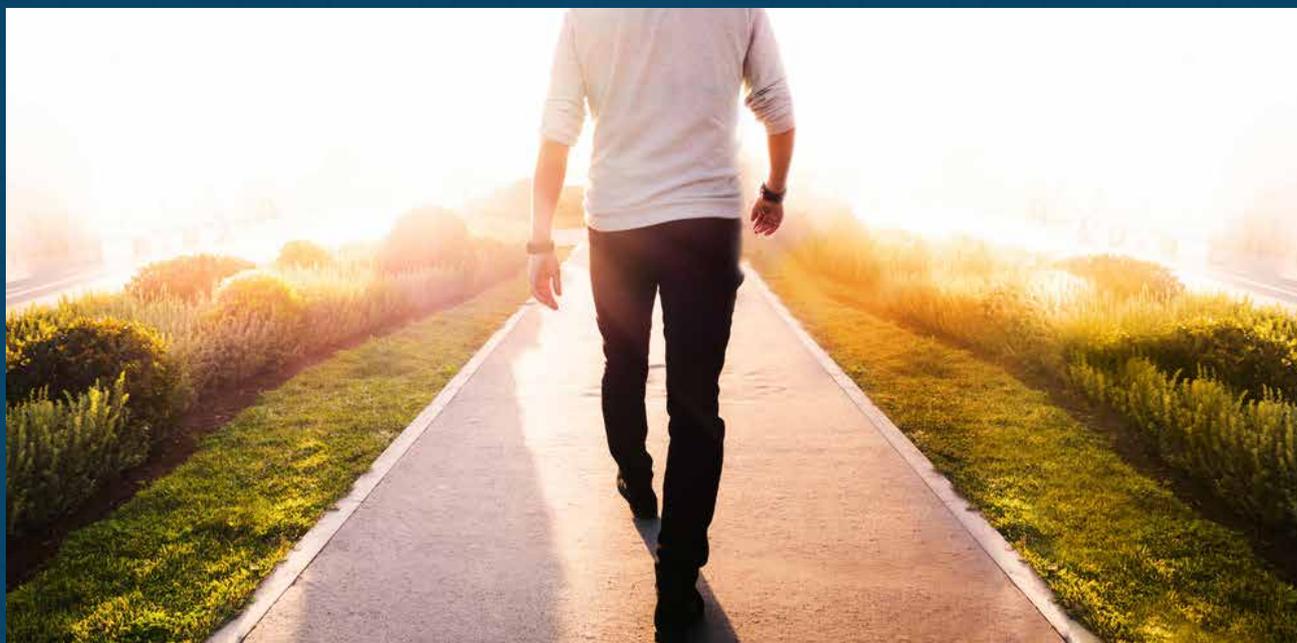
## Walking peacefully

One must always respect their fellow human beings even though they may be rich or poor.



“And the servants the Most Gracious are those who walk on the earth in humility. And when the ignorant address them, they say, ‘Salaam (peace be unto you).’”

Al Qur'an 25:63





#### iv To abstain from Isbaal

Isbaal is an Arabic word which refers to men leaving their trousers or garments below their ankles.

The Prophet Mohammed (pbuh) said that lower your garment until the half of your shin, if you do not prefer that, then to the ankles. However, do not increase the length of your garment lower than the ankles for it is arrogance, and Allah does not like arrogance.





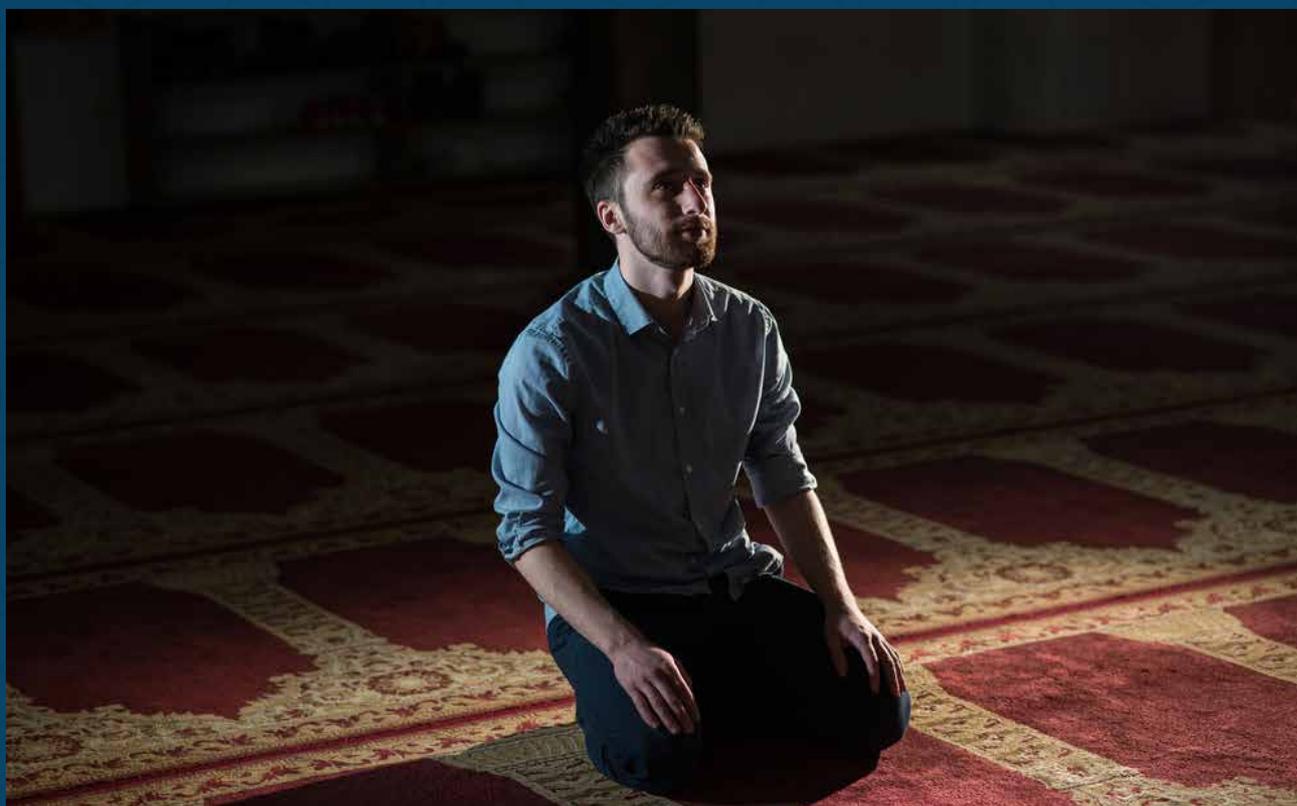
## 18 How can one become a humble person?

i Man should not forget his origins, but rather reflect upon it



**Ali (ra) said:**

“When you are alive, you are a container that carries garbage, and when you are dead, you're a rotten corpse.”





“Woe to man! What hath made him reject Allah; From what stuff has He created him? From a sperm-drop: He has created him, and then moulded him in due proportions; Then does He make His path smooth for him.”

Al Qur’an 80:17-20



## ii Know your limitations



“Nor walk on the earth with insolence: for you can’t not rend the earth asunder, nor reach the mountains in height.”

Al Qur’an 17:37



One should know his/her limitations and understand that no matter what heights they reach, Allah (swt) is the Most High, the Most Perfect, and the Greatest, and therefore one must always be humble before his/her Lord.

The word "LIMIT" is spelled out using five wooden blocks, each with a letter on it, arranged in a row on a dark surface.

L I M I T

## LESSON 8

# Humility in the Light of Qur'an and Sunnah – Part 3





## 19 Kibr (Arrogance)

Kibr (Arrogance) refers to rejecting the truth and looking down on other people.

Among the root causes of arrogance are:

- i 'Ujub (self-conceit)



The Prophet (pbuh) said:

“Three things destroy one's Deen. Miserliness when obeyed, desire when followed, and self-conceit.”





## ii Belittling others

A true Muslim should always be humble and not belittle others or look down disdainfully upon them.



## iii Love for prestige and highness

Always wanting to be praised and referred to in front of others.



“The home of the Hereafter, we shall give to those who intend not high handedness or mischief on earth and the end is best for the Muttaqeen (righteous).”

Al Qur'an 28:83



#### iv Following one's desire

When one follows their own desires rather than the commandments of Allah (swt) and His messenger, he/she becomes a slave of their desires rather than that of Allah (swt).



“Then see you such a one as takes as his god his own vain desire? Allah has, knowing (him as such), left him astray, and sealed his hearing and his heart (and understanding), and put a cover on his sight. Who, then, will guide him after Allah (has withdrawn Guidance)? Will you not then receive admonition?”

Al Qur'an 45:23





## 20 Evil fruits of arrogance

i The sin ever committed was due to arrogance



“And behold, We said to the angels: “Bow down to Adam” and they bowed down. Not so Iblis: he refused and was haughty: He was of those who reject Faith.”

Al Qur’an 2:34





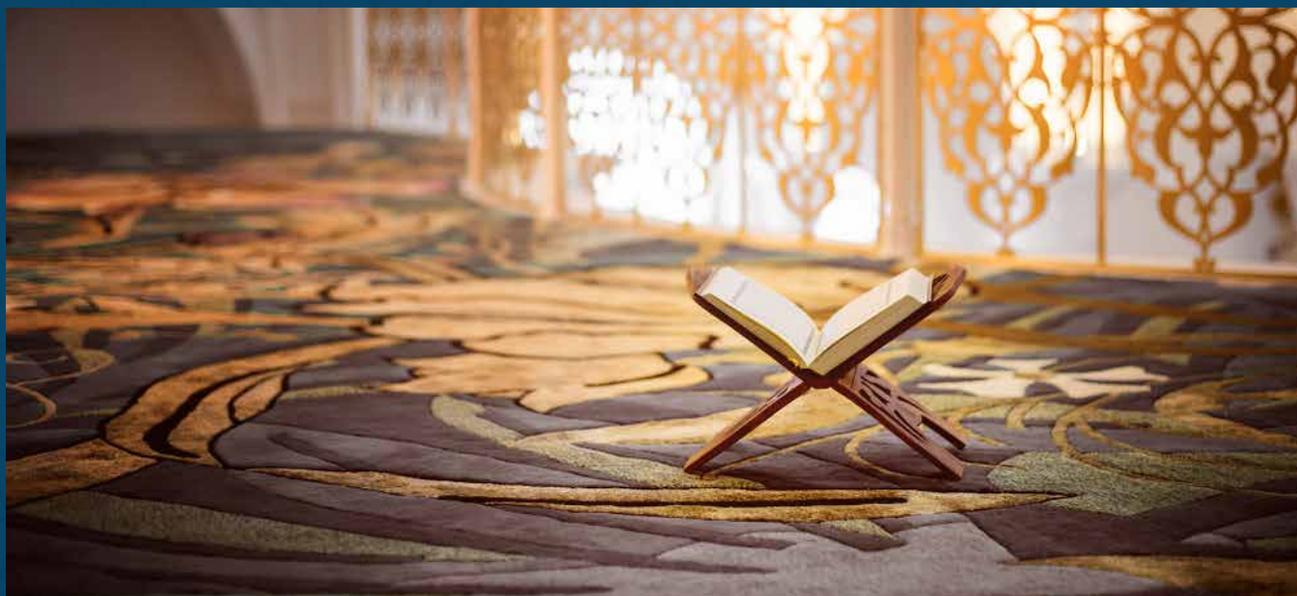
## ii Akin to Kufr



“So, the angels prostrated themselves, all of them together: Not so Iblis: he was haughty, and became one of those who reject Faith.”

Al Qur'an 38:73-74

Both Iblis and Adam had disobeyed Allah (swt) on separate occasions, but Allah (swt) forgave Adam (pbuh) and not Iblis because Adam (pbuh) repented for his sins while Iblis didn't because he was haughty and arrogant, and rejected the command of Allah (swt). Anyone who rejects the command of Allah is a Kaafir.





### iii Hellfire as the final abode



“To them will be said, ‘enter the gates of hell to dwell therein and evil is this abode of the arrogant.”

Al Qur’an 39:72



### iv Deprivation from Jannah



“(Allah) said: “Get you down from this: it is not for you to be arrogant here: get out, for you are of the meanest (of creatures).”

Al Qur’an 7:13



## V Deprivation of the love of Allah (swt)



“Indeed, He does not like the arrogant.”

Al Qur’an 16:23

If Allah doesn't love you, He hates you. And, when Allah hates you, you are destined for destruction and Jahannam, staying forever and ever.





## vi Rejection of the truth

Even after knowing the truth and understanding Islam, many people like Firawn, Nimrood, Abu Lahab rejected it and refused to believe in it due to their arrogance and pride.



“Those who behave arrogantly on the earth in defiance of right - them will I turn away from My signs: Even if they see all the signs, they will not believe in them; and if they see the way of right conduct, they will not adopt it as the way.”

Al Qur'an 7:146



# Question and Answer Bucket

A large, bold, black graphic logo consisting of the letters 'Q', '&', and 'A' intertwined. The 'Q' is on the left, the '&' is in the middle, and the 'A' is on the right. The letters are thick and blocky, with the '&' symbol being smaller and positioned between the 'Q' and 'A'.

QUESTIONS • ANSWERS



Q1

What is the story of people of the trench 'Ahlal Ukhdoon' mentioned in the Qur'an?

Answer

The people of the trench (Ahlal Ukhdoon), were Christians in Arabia, who were ruled by a tyrant who wanted to force them to leave their belief in Allah (swt) and belief in what he preached. He dug trenches and set fire ablaze in them and warned the believers to either abandon their faith and believe in him or be thrown into the fire.

The believers refused to abandon their faith, but rather jumped into the fire protecting their faith.



Q2

Mention an example of a Da'ee having a strong personality because he/she represented Islam.

Answer

Rab'ee bin Aamir (ra) is an example of a Da'ee having a strong personality because he represented Islam. He was sent by the Prophet (pbuh) to the Persians, and when Rustam, the Persian commander despised and belittled him, saying: "O you fool Arabs, what do you want? We know you, when you are hungry, you come to our land." Rab'ee (ra) replied, "Yes, we use to be like that, but not anymore. We are people raised and brought forth for the guidance of humanity from the worship of man to the worship of the Lord of man. From the narrowness and the misery of this worldly life to the vastness of the hereafter and from the injustice of the earthly religions to the justice of Al Islam."

This interaction shows the Izzah and the personality that a Muslim Da'ee should have. He should have the confidence and pride for following his religion because it is the truth and should represent it with truth.



### Q3 How can one reach the level of true Ikhlaas?

#### Answer

Sheikh Al Islam Ibn Taymiyyah said, “You will not reach the station and the level of true Ikhlaas until and unless praise and dispraise is equal for you.”

If someone praises you, it shouldn't affect you and similarly with dispraises because your work should be with the intention of pleasing Allah (swt) and not what the people would think of you. That would be considered true Ikhlaas.

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