

STUDY GUIDE



26 WAYS TO BE A GOOD MUSLIM PARENT

PART 2

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From the series: 26 Ways to be a Good Muslim Parent

COURSE OUTLINE

COURSE TOPICS:

1. Put Islam first
2. Implementing this principle in real life situations
3. Encouragement and reward
4. How to apply the Aayah (Al Qur'an 5:2) as a parent
5. How to present the reward to your child
6. Instil the love of Allah in children's hearts
7. How to develop the love of Allah in our hearts
8. Hope and fear
9. Hope and fear vis a vis children's upbringing
10. Truthfulness is the key in children's upbringing
11. How to bring up children as Siddiqin
12. Give time to your children

COURSE OUTLINE



COURSE OBJECTIVES:

1. To introduce several principles of effective upbringing of children
2. To instil in the children, love of Allah
3. To introduce techniques of successful upbringing

QUESTION & ANSWER BUCKET

TRANSCRIPTS

ASSESSMENT

Multiple Choice Questions

Match the Columns

True or False

COURSE DURATION

Video - 2 hours 20 min

Study Guide - 45 min

Assessment - 10 min

Total Duration - 3 hours 15 min





LESSON 1

PUT ISLAM FIRST





1. SEVEN: PUT ISLAM FIRST



AL QUR'AN 2:208

“O you who believe, enter into Islam completely, and do not follow the footsteps of the Shaitaan. Indeed, he is for you a manifest enemy.”

This means that:

- i We should have both of our feet firmly planted in Islam, while being ready to sacrifice the best we have for it.
- ii We should embrace Islam in all its parts, in all its forms, in all its different aspects, especially in relation to parenting.
- iii We should incorporate this inclusive system while building the characters of children.

When Aa'ishah (ra) was asked about the Prophet (pbuh) and how he used to be, she said, his character was the Quran. He entered into Islam in every single way possible.



2. IMPLEMENTING THIS PRINCIPLE IN REAL LIFE SITUATIONS

Islam has to be your first consideration in the upbringing of children and when you make a decision about:

- i** what they can and can't do
- ii** who they can and can't mix with
- iii** where they can and can't go



This should be reflected while making the life decisions, such as those related to:

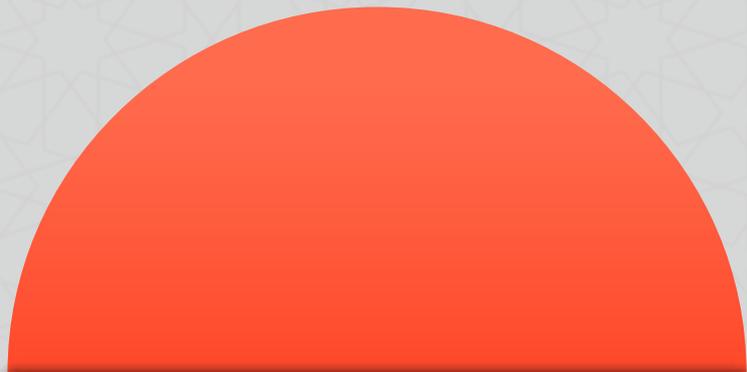
- i** the school which you want your child to join
- ii** the career which you want your child to pursue
- iii** the spouse you want your child to select





LESSON 2

ENCOURAGEMENT AND REWARD





3. EIGHT: ENCOURAGEMENT AND REWARD

Children want to make their parents happy. Children love to see recognition and encouragement from their parents.

But the problem is that we as parents often make it very difficult for our children to do something good.

And that is because we encourage and reward them for doing the wrong. Or we don't give them any encouragement when they do the right.

Allah said in Surah Al Maa'idah, in the 2nd Aayah: Cooperate upon Al Birr – everything that Allah (swt) loves – and upon At Taqwa – being conscious of Allah, to do the right deeds, and to avoid doing the bad deeds.





4. HOW TO APPLY THIS AAYAH (AL QUR'AN 5:2) AS A PARENT?

We need to cooperate with our children, to encourage them to do Al Birr, and Taqwa.

The word Ta'aawun or the verb Ta'aawanoo in the Aayah means any kind of cooperation, such as:

- • **i** encouragement
- • **ii** cooperation
- • **iii** support
- iv** being a role model
- v** doing the same good deed together
- vi** facilitating them to do the good





And likewise, from the negative side:

- i** we may cooperate with them in allowing them to do evil
- • **ii** or encouraging them to do evil
- • **iii** facilitate them to do evil
- iv** or share the evil

EVIL





5.

HOW TO PRESENT THE REWARD TO YOUR CHILD?

- i** You give them when they do good deeds telling them that you give them because they have made Allah happy. And this will really help your children to develop that feeling of pleasing Allah.
- ii** Make sure that you are consistent in giving that reward out, not that you give it out, when it suits you, and you don't give it out when it does not.
- iii** Vary the reward. It should not always be one thing.
- ii** Finally, I think it's important that the reward is appropriate to the action. If you reward them with huge things every single time, it will be very difficult to manage that throughout.





LESSON 3

TO LOVE ALLAH & TO LOVE WHAT ALLAH LOVES





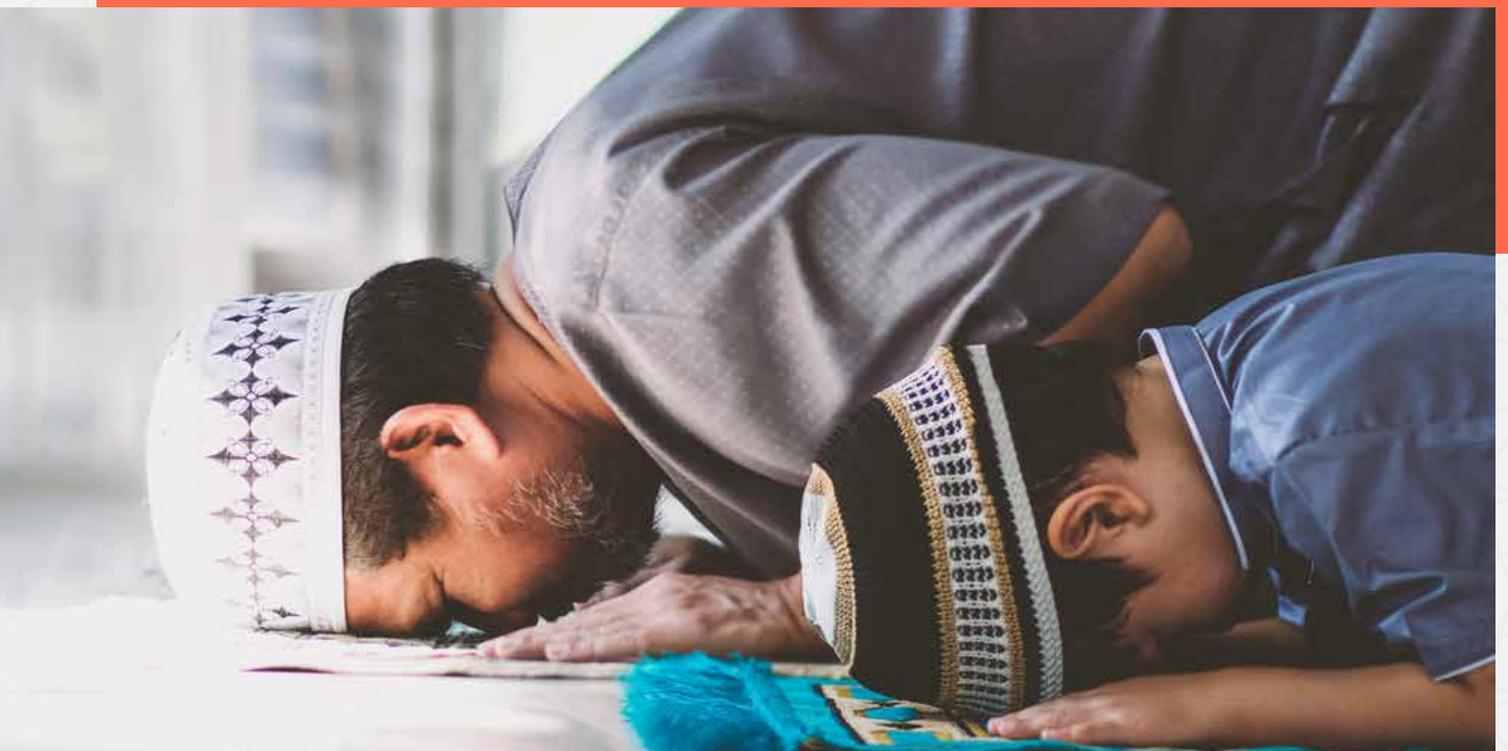
6.

NINE: INSTIL THE LOVE OF ALLAH IN THE CHILDREN'S HEARTS



AL QUR'AN 2:165

“And from the people are those who have taken objects of worship besides Allah. They love them as they love Allah. But those who believe are stronger in love of Allah.”

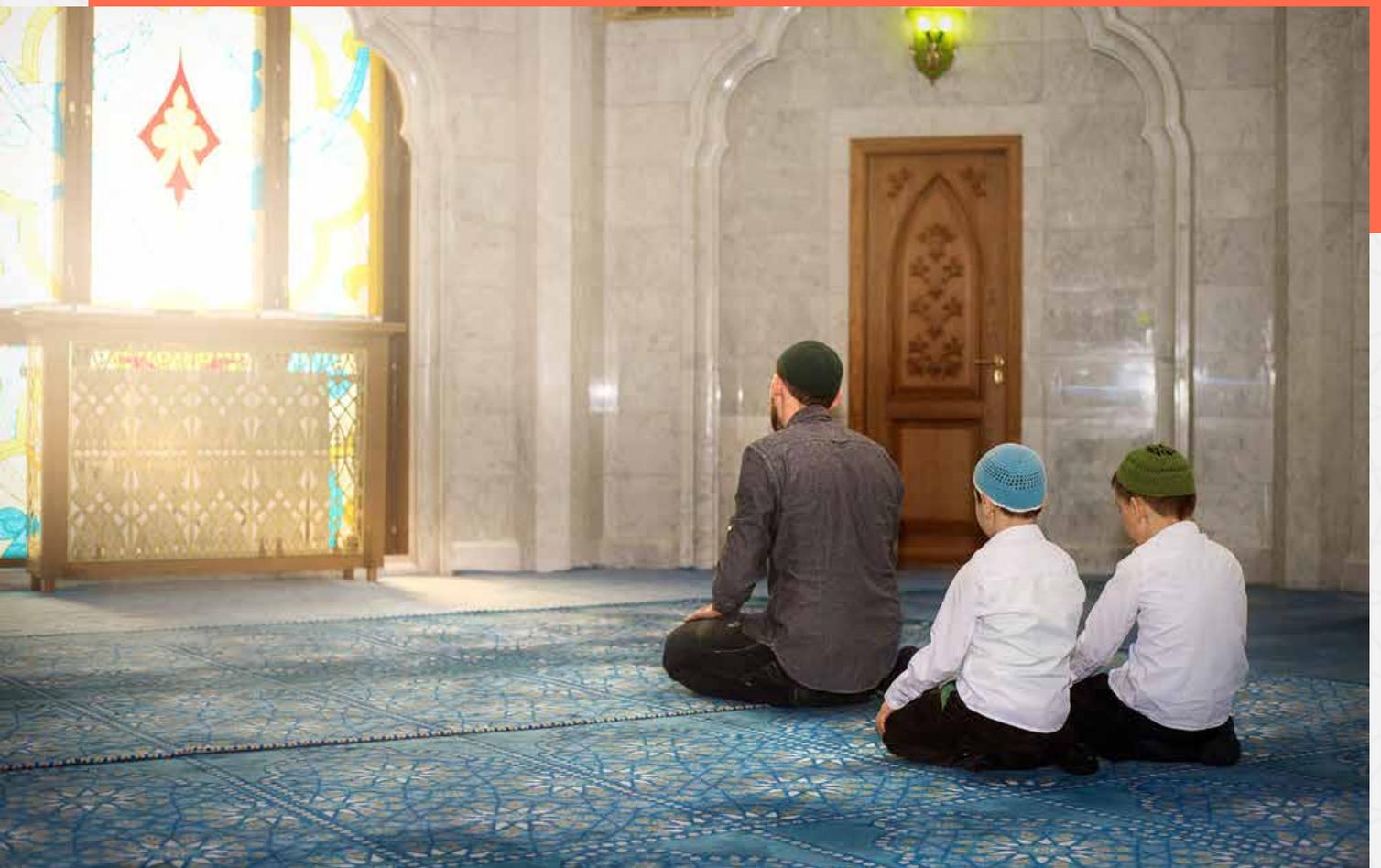




We are commanded to love Allah (swt), and to love what Allah (swt) loves.

And that is why the Prophet (pbuh) commanded us to love what Allah loves, and to hate for the sake of Allah those things that Allah (swt) hates.

Moreover, the love of Allah is something very natural to our children, and it is something that they will embrace with full happiness.





7. HOW DO WE DEVELOP LOVE OF ALLAH IN OUR HEARTS?

- i By considering Allah's blessings and favours upon us, the best of which is that He guided us to Islam.
- ii By studying the meanings of His names and attributes, and by recognising Him as our Creator, Nurturer, Protector, etc.
- iii We must get rid of fondness of the material things. And when we do that, we will find our children love Allah, and the more they love Allah, the more they will love what Allah loves, and hate what Allah hates.
- iv If you want your children to be rightly guided, they need to love Eemaan and good deeds, and they need to hate Kufr and bad deeds.
- v If children love you as a parent, and you show how much you love Allah, and how much you love all those things that Allah loves, then for sure your child is going to grow to love them too. And you will find that after a while of tasting the sweetness of Eemaan, there is no doubt that the love of Allah will become superior over everything in anything else.





- vi** On the other side, you see a child for example that is addicted to something that Allah hates. Here that parent must encourage them to hate that, and they must realise the status of it in the sight of Allah. When the Prophet (pbuh) asked about the worst possible sin, he said, "to make a partner with Allah while He created you".

- vii** Finally, what do we do if we find that we've made some mistakes in the past and our kids are in this situation right now? We must work with them slowly. You must begin by giving them the knowledge of what Allah loves and what Allah does not love.





LESSON 4

HOPE AND FEAR





8. TEN: HOPE AND FEAR

Prophet Zakariyya (pbuh) prayed Allah to give him a child in his old age, and Allah gave him a child and answered his prayer.

Allah tells us that the answer of the prayer was because Zakariyya's (pbuh) family used to pray to Him in hope and fear.

In the Qur'an and Sunnah are verses and Ahaadeeth that really give hope:

- a The Hadeeth that speaks about the small card, that reads, "*Laa Ilaaha Illa Allah*" which outweighs the 99 scrolls of the man's bad deeds.
- b Allah's statement,

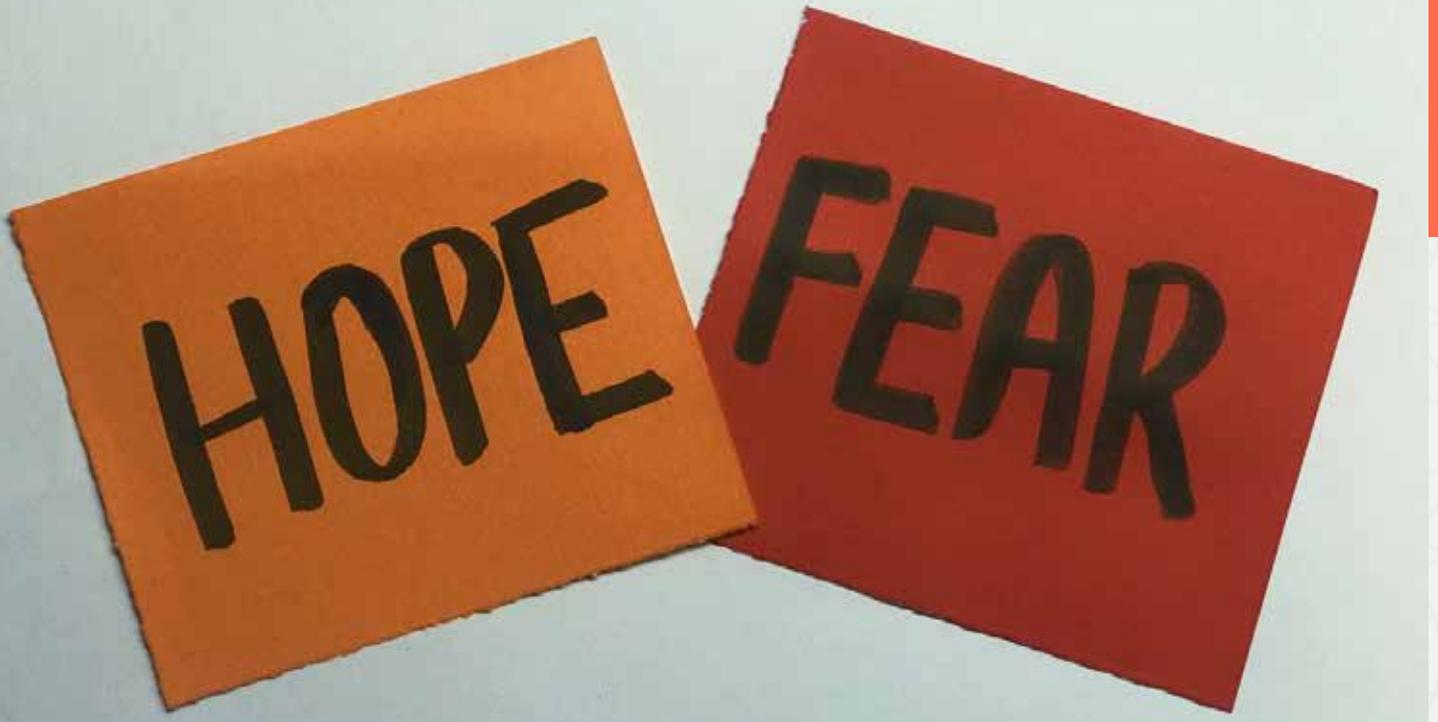


AL QUR'AN 39:53

"O my slaves who have transgressed against themselves, do not despair of the mercy of Allah. Indeed, Allah forgives all sins."

- c The attributes of Allah such as 'Kareem', 'Raheem', 'Wadood', etc.





9. HOPE AND FEAR VIS A VIS CHILDREN'S UPBRINGING

i If we have only fear, then we will despair of the mercy of Allah and if we have only hope we will feel safe from the punishment of Allah. We have to have a balance. If you're out of balance in hope and fear, you will either stop working and rely upon false hopes and desires or you will reach a point where you given up work because you see no benefit in doing so condemning yourself to the Hellfire.



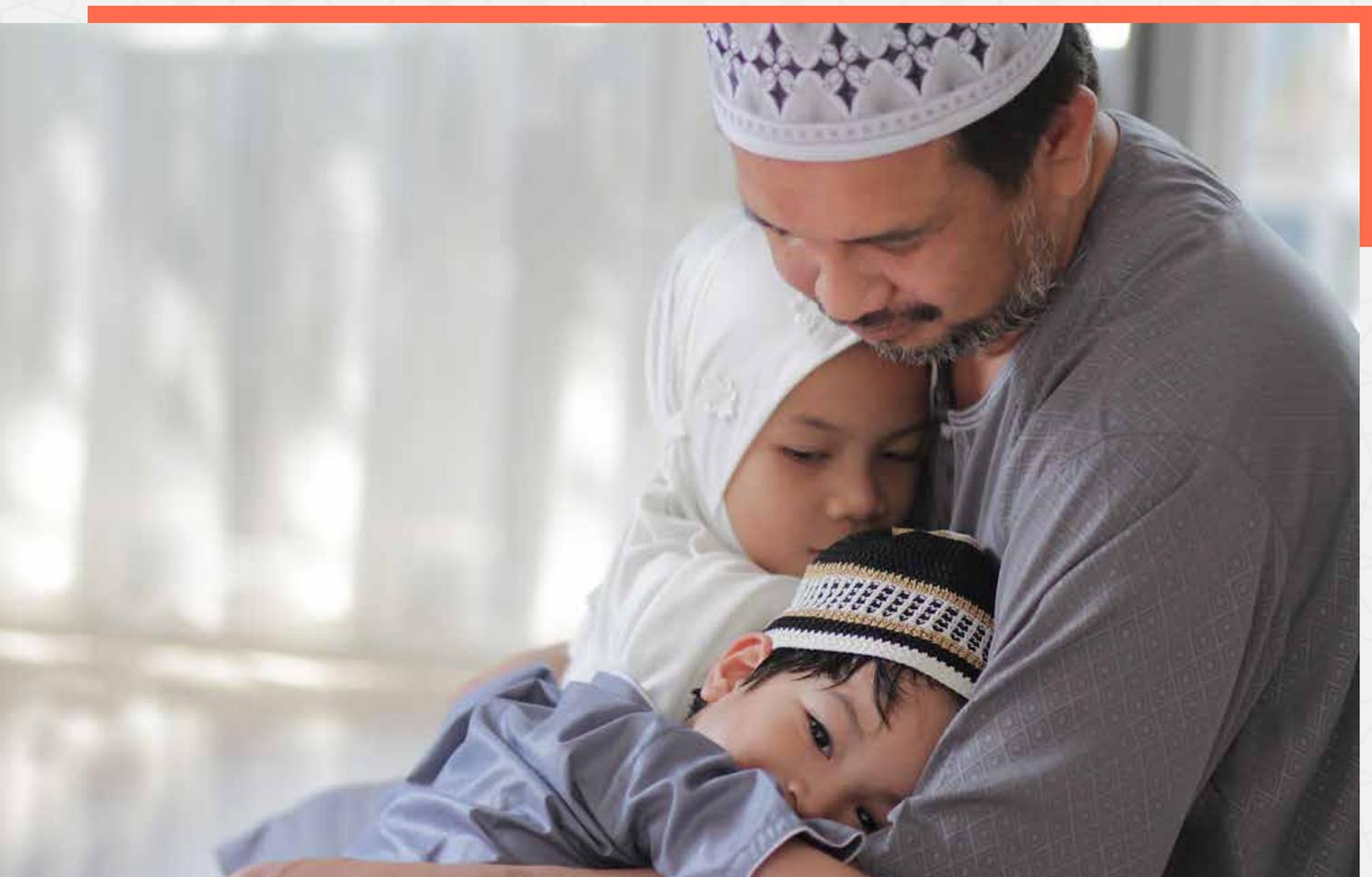
ii For children, we should give them hope in Allah. However, when you discipline them, you need to show them that the fear of Allah is more important, that Allah knows what they do and records everything of their deeds.

iii We need to monitor our children, monitor their levels of hope and fear, because especially when they're young, the child may not be able to adapt between hope and fear.





- iv** If you see the child just too comfortable with whatever wrong he does, then we need to step up the fear of Allah a little bit.
- v** Whenever we discipline our child, we need to make it very clear to them that we are disciplining the child because Allah is not pleased with what they did. By doing this, we link the discipline with the fear of Allah. Consequently, by the time they reach the age of puberty, they're already adjusting themselves in fear and hope.





LESSON 5

TRUTHFULNESS





10. ELEVEN: TRUTHFULNESS IS THE KEY IN CHILDREN'S UPBRINGING



THE PROPHET (PBUH) SAID:

“Indeed, truthfulness leads to piety, and piety leads to Paradise. And indeed, a man would continue to tell the truth until Allah writes him as being a Siddiq, i.e., a truly truthful person.

And indeed, lying leads to immorality and immorality leads to the Hellfire. And indeed, a person would continue to lie until he is written in the sight of Allah as a severe liar.”

We should teach our children to be truthful, for the base of any good deed is truthfulness, sincerity, honesty.

Truthfulness is like a ladder that you climb, and we can get it such that a child would climb that ladder and continue to be more and more truthful and do more and more good deeds.



And then because of those good deeds be more and more truthful until Allah writes them as among the highest of all the people after the Prophets and the Messengers, the Siddiqeen.

Then look at the opposite situation. If you allow your child to lie, that lying is going to lead him to Al Fujoor, to wrongdoing, to immorality, to things that are wrong, horrid, and evil.

~~Lies~~
Truth



11. HOW TO BRING UP CHILDREN AS SIDDIQIN

- i** The first one is rewarding your children for truthfulness, and never ever reward them for lying.

One of the ways you can do this is to say to them, that I will not discipline you, I'm not going to discipline you on this issue, I only want you to tell me the truth. If you tell me the truth, about who did it, this thing, then I promise you by Allah, I will not discipline you, because what matters is the truth.

And then when they tell the truth, 'I did it, I'm sorry', teach them a lesson that truthfulness is the most important thing.

So, they know that lying is one of the most hated things to you. And one of the things that you are really going to discipline them for, and link that with what we said about fear of Allah.





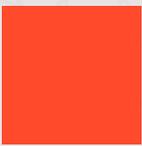
- ii** As a parent you must show the right example, to be ourselves extremely truthful.
- iii** You must be close to the children to keep up with their developments. Otherwise, whatever happens to them will be kept among themselves. The parents will discover it only when it is unrepairable.
- iv** Don't facilitate your children to lie. Don't help your children to make up lies about their homework or about anything else.





LESSON 6

**GIVE THEM
YOUR TIME**





12. TWELVE: GIVE THEM YOUR TIME

You want your child to be Sadaqah Jaariyah for you from the moment that they are born until the time that Allah decrees for them to pass away, and indeed continuing on from there with their children and their children's children. If you want all of that, and there's no doubt that this requires an investment of time, then spend time with them. Giving everyone their due right to your time.

In Sahih Al Bukhari, in a Hadith reported about Salman Al Farsi and Abud Darda, where Salman Al Farsi said to Abu Darda, indeed your Lord has a right over you, and yourself has a right over you, your body, your soul has a right over you, and your family has a right over you. So, give each one there right.





Abu Darda went to the Prophet (pbuh) and mentioned what Salman had said to him and the Prophet (pbuh) approved it.

We should not focus on one right at the cost of another right. Each should be given enough time to fulfil it.

By the same token, your children have a right over you. So, give them their right. Give Allah His right. Give your body its right. Give your wife her rights. Give your children their rights.

That can be spending time teaching them, spending time playing with them, spending time just listening to them and talking to them. All of these are beneficial.





QUESTION AND ANSWER BUCKET





Q1.

IF WE GIVE REWARDS FOR GOOD DEEDS, WILL OUR CHILDREN NOT JUST ASSOCIATE THIS WITH “WHEN I GET CANDIES, I DO IT.

ANSWER

It's all down to how you present the reward.

If you present the reward as this is because you made Allah happy, then In Sha Allah your children will learn that reward is all about pleasing Allah.

But if you make it such that they don't know why they are getting the reward, or they feel the reward is because they made you happy, they will never associate this with Allah (swt).

Q2.

HOW TO SAVOUR THE SWEETNESS OF EEMAAN?

ANSWER

For that, the Prophet (pbuh) told us to:

- i** love for the sake of Allah
- ii** hate for the sake of Allah
- iii** give for the sake of Allah, and
- iv** withhold from giving for the sake of Allah.

- ○ ○
- ○ ○



Q3.

ON WHAT GROUNDS IS FULFILLING THE RIGHTS OF YOUR WIFE AND YOUR CHILDREN AN ACT OF WORSHIP?

ANSWER

Basically, the meaning of worship in Islam is different. It is all-inclusive. Anything that pleases Allah which you do for the sake of Allah is an act of worship even if it is related to this world, such as smiling in the face of your brother. Similarly, giving quality time to your wife and children for the sake of Allah, then even this is included as an act of worship.



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