

STUDY GUIDE



The Reality of Hell

- THE WORST ABODE

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COURSE TOPICS

1. Introduction
2. Is Hell already present?
3. Description of Hell
4. Seven major sins leading to Hell
5. Salvation from Hell
6. Ten protective factors
7. Du'aas and supplications
8. Seven protective good deeds
9. Conversation and remorse of the inhabitants of Hell

COURSE OBJECTIVES

1. To be aware of the features of Hell in terms of size, heat, location, foods, clothes, etc.
2. To be able to seek ways of salvation from Hell
3. To be aware of the deeds that lead to Hell

COURSE OUTLINE

QUESTION & ANSWER BUCKET

TRANSCRIPTS

ASSESSMENT

Multiple Choice Questions

Match the Columns

True or False

COURSE DURATION

Video - 2 hours 23 min

Study Guide - 30 min

Assessment - 15 min

Total Duration - 3 hours 8mins

COURSE OUTLINE



LESSON 1



THE REALITY OF HELL
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INTRODUCTION

NAMES OF HELL

- i The most common name of Hell is Jahannam which is mentioned in the Glorious Quran no less than 77 times (Quran:2: 206,3:197,4:93,4:115, etc.)
- ii The second most common name of Hell mentioned in the Glorious Quran is Jaheem. Jaheem means blazing fire. It is mentioned no less than 26 times.
- iii The third most common name of Hell that is mentioned in the Glorious Quran is Sa'eer. Sa'eer refers to Hell and it basically refers to something that is kindled and ignited. It is mentioned no less than 16 times.





- iv Saqar. This word Saqar refers to Hell and is used because of the intensity of the heat of Hell. This word Saqar is mentioned in the Glorious Quran no less than four times.
- v Hutamah. This word Hutamah is mentioned in the Glorious Quran twice. It refers to something that breaks and crushes things into pieces.
- vi Lazha, which means the fire which has flames. This word Latha is mentioned twice in the Glorious Quran.
- vii Al Hawiyah, which refers to being thrown from a high point and falling a long distance to the bottom.



IS HELL ALREADY PRESENT?

Although there are Muslims who believe that Paradise and Hell are to be created on the Day of Judgement, there are quranic verses and Hadeeths that suggest that Paradise and Hell are already existent. Here are a few of them:

Many verses say that Paradise and Hell are prepared for people (3:133;2:24)

Moreover, in Sahih Muslim, Hadith number 2866 it is stated that whoever dies, he is shown his abode daily in the morning and in the evening.

The prophet Muhammad also was shown Paradise and Hell during Salaah (to the extent that he wanted to grab the fruits of Paradise and retreated on seeing Hell), and during his heavenly journey (Al Mi'raaj)

In another Hadith, we are told tha the Archangel Gibriel went to see both Paradise and Hell, and found the former surrounded by difficulties and the latter surrounded by desires





LESSON 2



THE REALITY OF HELL
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DESCRIPTION OF HELL

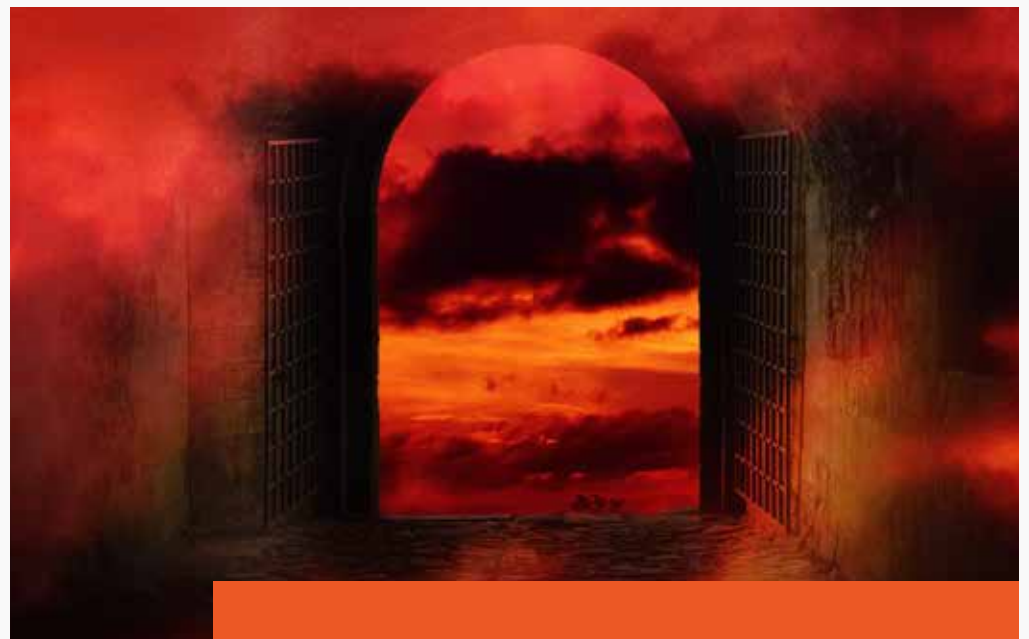
Location of Hell

As regards the location of Hell, there are two opinions: some scholars view that Hell is in heaven; others maintain that it is in the earth (where exactly? The lower part of the earth, centre of the earth, in the seventh earth, in Sijjeen, different opinions). The Hadeeths point out that it is in the earth but do not specify.

Size of Hell

On the Day of Judgement, according to the Quran, Hellfire will be told, "Are you full?" and it will reply, "Are there any more?".

In Sahih Muslim, Vol. 7, Hadith number 2844 states that if a stone were thrown into Hell, it would take seventy years to reach its bottom





According to Sahih Muslim, volume number 7, Hadith number 2842, Hell will be brought forth on the Day of Judgment. It will have 70,000 reins. Each will be held by 70,000 angels pulling it.

Allah says in the Glorious Quran (4:145) that the Hypocrites will be in the lowest levels of Hell."

The gates of Hell

According to the Glorious Quran (15:44) Hell has seven gates. Each person will be assigned to enter Hell from one of these seven gates.

Fuel of Hell



Allah says in the Glorious Quran (66:6)

"O you believe, save yourself and your family from the Fire whose fuel is men and stones."



Heat of Hell



Allah says in the Glorious Quran (56: 41 – 44)

“That the people of Hell will enter the scorching fire and will be provided with scalding water and shade of black smoke that will neither be cool nor it will be pleasant.”



Allah says in the Glorious Quran (101: 8-11)

“And the one whose scale of good deeds is light on that day, his home will be the Bottomless Pit. And what will make you know what it is? It is a blazing fierce fire.”



Clothes in Hell



Allah says in the Glorious Quran [22:19]

"That the disbelievers will have garments of fire cut out for them. In another verse of the Glorious Quran Allah says that the people of Hell will have a liquid of melted copper that will be given to them as a garment. This is the clothes of the inhabitants of Hell."

Foods and Drinks in Hell

- i Daree' (a thorny plant), as mentioned in the Glorious Quran chapter number 88, verses number 6 and 7.
- ii The tree of Zaqqoom, a food like murky water of which the sinful will have their fill (Glorious Quran 44: 43 and 44).



- iii Fire. It is stated in the Glorious Quran (4:10) that those who consume the property of the orphans are actually consuming nothing but fire in their bellies. It will reach their bellies but will burn their internal organs and throats.
- iv Boiling water. Allah says in the Quran (88:5) that they will be provided to drink from a boiling spring.
- v Pus and other liquids that ooze out from the wounds of the people of Hell (the Quran:14:16)



LESSON 3



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SEVEN MAJOR SINS LEADING TO HELL

The prophet warns us of seven sins leading to sure destruction:

- i According to the unanimity of the scholars, Shirk (associating partners with Allah) is the biggest sin, and its perpetrator shall have no chance of entering Paradise. (the Quran: 4:48 & 5:72)
- ii Black magic. Learning it leads to total rejection of faith (Surat Al-Baqarah 2:102)
- iii To kill a person unjustly or to kill an innocent human being or to commit murder unless it be for a just cause ((the Quran: 4:93; 5:32)





- iv To consume Riba or to involve in Riba or interest. Allah says in the Glorious Quran Surat Al-Baqarah 2:278-279 "O you who believe, fear Allah and give up your demands on Riba if you are believers. If you do not do so, take notice of war from Allah and His Messenger."
- v To consume the wealth of orphans. Allah Subhaanahu Wa Ta'ala says in the Glorious Quran (4:10) "Those who consume the property of the orphans, they are consuming nothing but fire in their bellies."
- vi To run away from the battlefield.
- vii To accuse chaste woman of adultery. Allah says that those who accuse chaste woman of adultery, and do not produce forward witnesses, flog each of them 80 lashes (the Quran: 24:4), and they will be cursed in this life as well as in the hereafter (the Quran: 24:23).



These were seven major sins, grave sins that our beloved Prophet Muhammad peace be upon him has mentioned in this Hadith of Sahih Al-Bukhari, Hadith 2766. There are several other major sins that are mentioned in other Ahadith.

Those people who die in the state of belief, even though some of them may be punished in Hell, if Allah Subhaanahu Wa Ta'ala does not forgive them, eventually their abode will be Paradise, and they will dwell in it forever, but a believer should never be overconfident. Unfortunately, we have many Muslims who are over confident.

We do not realise, we never know that even though we are Muslims a few minutes before dying, we may die in the state of disbelief and our abode will be Hell.

We seek refuge in Allah from the fire of Hell. A believer should never be overconfident just because he's a believer.



LESSON 4



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SALVATION
FROM HELL





TEN PROTECTIVE FACTORS

There are ten factors that lead to the forgiveness of sins and a person is saved therewith from the Hellfire.

i Taubah

Tawbah means to return. When you return to Allah, it is called as Taubah in Islamic terminology. It is to feel remorse in your heart, and feel regretful for the sins one has done.

If we sincerely repent to Allah there is always hope that He will forgive us, provided it is done before death.

Allah says, "Say, O my servants who have transgressed against their souls, do not despair of the mercy of Allah for Allah forgives all sins for He's Oft-Forgiving, Most Merciful."





ii Al-Istighfar

Istighfar means to ask for Allah's forgiveness. However, it is different from Taubah. Taubah has its place in the heart. When a person commits any sin and he feels remorse and he has an intention to ask forgiveness from Allah, this feeling of remorse, this feeling of regret in his heart is called At-Taubah.

To verbally ask Allah for forgiveness is called istighfaar. So, istighfaar has its place in the tongue.

iii Good Deeds

Allah says in the Glorious Quran (11:114) "Good deeds wash away evil deeds".

iv The Du'a and Istighfar of other believers



v Calamities;

With a believer, a calamity can be a test (when the believer is patient he is rewarded) or an atonement for his sins.

vi The punishment of the grave:

This too is an atonement for the sins one has committed.

vii Trials and tribulations on the Day of Judgment

These will be a sort of atonement for their sins and they will be exempted and they will not be punished in Hell.

viii Good deeds gifted by the living people to the deceased

It is mentioned in Sahih Muslim Volume 4 Hadith 4223, that when a man dies, all of his deeds are cut off. All of his deeds come to an end except for three, one of which is the supplication of his child for him.



ix The intercession of the Prophet Muhammad

Certain people will be saved from entering Hell by virtue of the intercession of our Prophet Muhammad.

x The Mercy of Allah

Simply put, without the mercy of Allah none shall enter Paradise based on their deeds. Good deeds are merely causes, and the mercy of Allah is the real factor.



LESSON 5



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DU'AS AND SUPPLICATIONS FOR THE PROTECTION OF HELL

Supplication from the Glorious Quran:

- i In Surat Al-Baqarah 2:201
- ii In Surat Al-Imran 3:16
- iii From Surat Al-Furqan 25:65-66





Supplications from the authentic Hadeeth of the prophet Muhammad (pbuh)

- iv "O Allah, I ask for Your pleasure and for Paradise, and I seek refuge from Your displeasure and from Hell."
- v "O Allah, I ask you for Jannah, and all the actions that lead to it, and I seek refuge in you from Hell and all the deeds that lead to it"
- vi "I seek refuge in Allah from the punishment of Hell, and from the punishment of the grave, and from the trials and tribulations of life and death, and from the evil afflictions of Maseeh Ad-Dajjal".
- vii "O Allah, free us from Hellfire. O Allah, save us from Hellfire."
- viii "O Allah save our necks from the Hellfire and save the necks of our fathers and of our mothers and of the entire Muslim Ummah from the Hellfire".



SEVEN PROTECTIVE GOOD DEEDS

i Belief in the oneness of Allah



Our Beloved Prophet Muhammad peace be upon him said, it is mentioned in Sahih Al-Bukhari Volume 1 Book of Faith Hadith 29, "Whoever bears witness that there is no God except Allah and that Prophet Muhammad is His messenger, Allah will prohibit the fire of Hell for him.

ii



Praying regularly. In Sunan Ibn Maajah, Volume 5 Hadith 4326, "The fire will consume the son of Adam except for the marks of prostration".

لا اله الا الله محمد رسول الله



iii



Being merciful to others. Our beloved Prophet Muhammad peace be upon him said, it is mentioned in Jami` At-Tirmidhi Volume 4 Hadith 2488, that the Prophet asked the Sahabah

"Should I not inform you of what will make Hell prohibited for you and you will be prohibited for the Hell?" The Sahabah said, "Indeed O prophet of Allah." Our Beloved Prophet Muhammad said: The one who's close to people, and is amicable and easy to deal with.

iv

Weeping out of the fear of Allah. Our beloved Prophet Muhammad said, it is mentioned in Jami` At-Tirmidhi Volume 4 Hadith 2311, that the fire will not touch a human being who cries out of the fear of Allah Subhaanahu Wa Ta'ala until the milk returns back to the udder, that is, never.



- v Voluntary fasts. In Sunan Ibn Maajah Volume 2 Hadith 1717 it is mentioned that the one who fasts a single day for the sake of Allah, Allah will keep the fire of Hell away from him for a period of 70 autumn years.
- vi Giving charity
- vii Praying for protection: whoever asks Allah for Paradise three times, Paradise will tell Allah, "Admit this person into Paradise," and the one who seeks refuge in Allah from Hell three times, Hell will tell Allah that, "Do not admit this person in Hell."



LESSON 6



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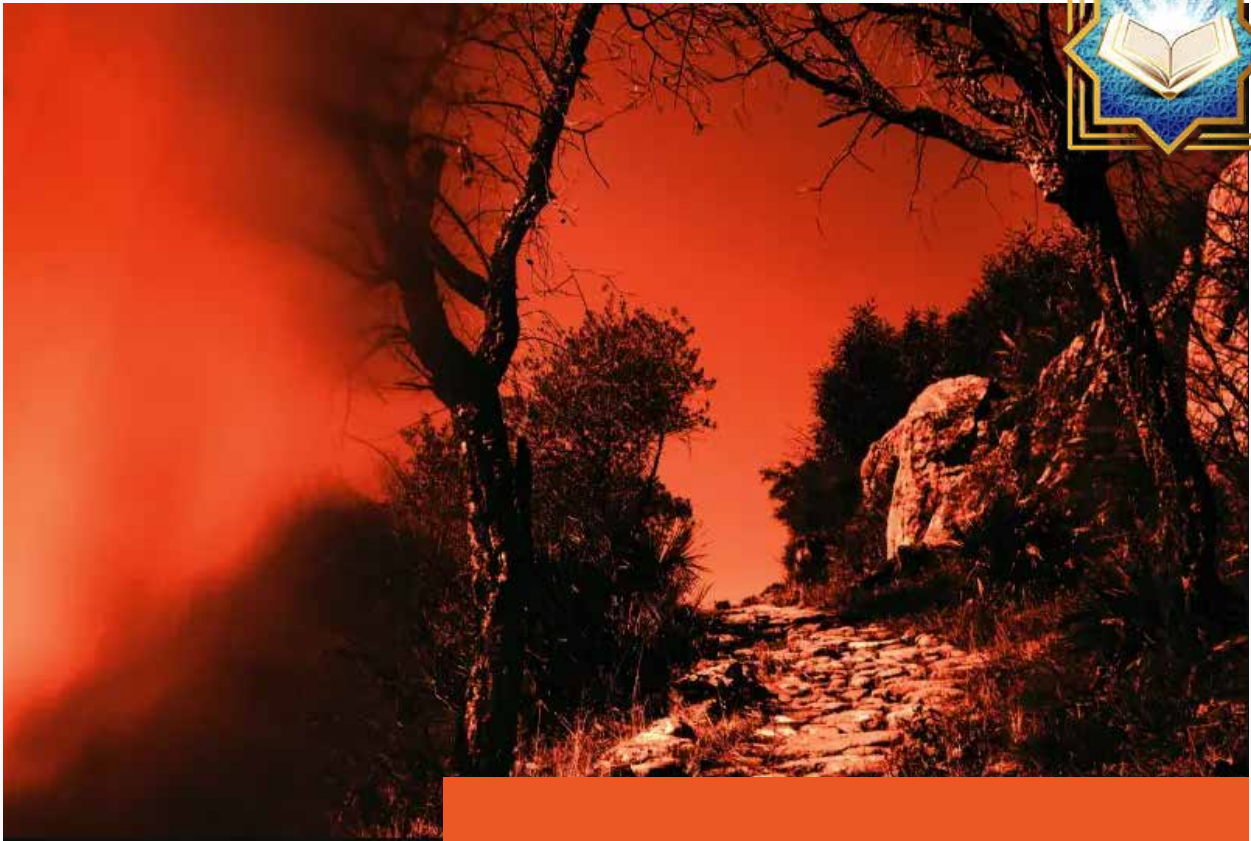


CONVERSATION AND THE REMORSE OF THE INHABITANTS OF HELL

In the glorious Quran, Allah talks about the conversation between the inhabitants of Hell and also the conversation of the dwellers of Hell with the dwellers of Paradise:

- i In Surat Al-Mulk 67:10-11 "They will say, 'Had we listened and had we reasoned, we would have not been from among the companions of the blazing fire'."
- ii In Surat An-Naba 78:38-40 "The Day that the Spirit and the angels will stand forth in ranks, none shall speak except any who is permitted by (Allah) Most Gracious, and He will say what is right."
- iii Allah talks about the conversation of the dwellers of Hell with the dwellers of Paradise in Surat Al-A'raf 7:44: "The dwellers of Paradise will call out to the dwellers of the Fire: "We have indeed found the promises of our Lord to us true: Have you also found Your Lord's promises true?" They shall say, "Yes".





- iv In Surat Al-A'raf 7:50, the dwellers of Hell will call upon the dwellers of Paradise and they will tell them "Aid us with some water or any provision Allah has granted you." They will reply, "Allah has forbidden both to the disbelievers."
- v In Surat Al-Fajr 89:22-24 wherein Allah mentions the scenario on the Day of Judgment when the Rooh and the angels will come in ranks, and Hell will be brought forth.

"On that day, man will remember, but what will his remembrance help him?" That is, man will remember the things that he did in this life, the bad deeds, the sins that he did, and the good deeds that he did not do in this life, but his remembrance will be of no use. He will regret his negligence.

The disbelievers would want to give the entire world and the wealth in it in order to save themselves from the punishment of Hell, but this will not be granted to them.



**QUESTION AND
ANSWER BUCKET**



Question 1 Is Hell one level?

Answer : Hell has various levels:

i



Allah says [4:145],

"Surely the hypocrites will be in the lowest depths of the Fire—and you will never find for them any helper". The hypocrites are those who pretend to be Muslim while they are in reality disbelievers.

ii



In Sahih Al-Bukhari, Hadith number 6562,

The least punishment that a person will receive in terms of severity is to be made to wear two shoes and he will have shoelaces of fire. In another narration, it says that he will have two live coals which will be below the sole of his feet.



This punishment, will be so severe that it will reach his brain and it will boil his brain. The person who's receiving this punishment, he will think that there is no one who is receiving a punishment severer than his.

Abu Talib, the prophet's uncle died as a disbeliever, despite the prophet's attempts to make him accept Islam, and despite his generous support for the prophet and his message. Due to this support, he will have the lightest punishment in hell.



Allah says, [6, verse number 132],

"They will each be assigned ranks according to their deeds. And your Lord is not unaware of what they do."

**Question 2**

Why do women comprise the majority of the inhabitants of Hell?

Answer : It is reported in the Hadeeth that the Prophet Muhammad peace be upon him said the women comprise the majority of the inhabitants of Hell. When he was asked about the reason, he said, it is because they curse frequently and are ungrateful to their husbands.

Thus, it is due to certain sins that they are in Hell, not because of their gender.

Today in the world, there are more females as compared to males. If equal number, equal percentage of men and women in this world go to Hell, yet there will be more women in Hell as compared to men.

**Question 3**

Will the believers also go to Hell under any circumstances?

Answer : Disbelievers and worshippers of other than Allah shall remain in Hell forever. Repentance before death saves all sinners from this miserable fate.

The believers never remain in Hell forever. Sinners among the believers can be granted forgiveness by Allah, or else they are punished for their sins and once they are purified of the sins, they go to Paradise forever.

Ultimately, anyone having an atom's weight of faith will be taken out of Hell, no matter what sins they committed.



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